

Turkey Spinach Pinwheels

Serving Size: 1 Servings per Recipe: 1 | Healthy



INGREDIENTS

- 1 flour tortilla
- 2 tbsp cream cheese
- 3 slices of deli turkey
- 2 tbsp grated cheese
- ¼ cup baby spinach

DIRECTIONS

- Spread cream cheese onto one side of the tortilla
- Place spinach on top of the cream cheese
- Cover spinach with turkey slices
- Sprinkle cheese over turkey
- Roll up the tortilla and cut into 1 inch pieces



Calories per serving: 250 kcal | 15 g total fat | 19 g total carbohydrates | 13 g protein