

Federal Programs Toolkit

Federal Programs are administered and funded by the Federal Government. At Second Harvest Food Bank, we have a team that oversees our Federal Nutrition Programs. You can learn more about Federal Programs below. **Click each link for more information.**

SNAP

[General Information on SNAP](#)

[SNAP Eligibility Calculator](#)

[SNAP Outreach at Second Harvest](#)

[Buying Groceries with SNAP](#)

TEFAP

[General Information on TEFAP](#)

[TEFAP Available Foods 2023](#)

[TEFAP and Rural America](#)



CSFP

[General Information on CSFP](#)

[CSFP Locations - Second Harvest](#)

[CSFP Recipes](#)



CACFP & SFSP

[General Information About SFSP](#)

[SFSP Location Finder](#)

[General Information About CACFP](#)

[CACFP Cooking Videos](#)

Visit our website at secondharvestmidtn.org.

Below are some other Federal Programs. Some of the clients accessing your food pantry may be eligible for these. We have included the contact information for experts in some of the programs below, in addition to supplementary materials. **Click each link for more information.**

TANF

[General Information on TANF](#)

[TANF Programs by State](#)

School Lunches

[General Information on Free & Reduced School Lunches](#)

[National School Lunch Program](#)

TennCare

[Medicaid Basics](#)

[Applying for TennCare](#)

Need help with TennCare or CoverKids?
Contact the Tennessee Justice Center at
(615) 255-033 or info@tnjustice.org

WIC

[General Information on WIC](#)

[TN WIC Shopping Guide](#)

[TN WIC Approved Foods List](#)

Marketplace

[General Information About The Marketplace](#)

[Refer a Client for Health Insurance](#)

Contact Aida Whitfield from Family & Children Services at (615) 298-3160 or
aida.whitfield@fcsnashville.org

EITC

[General Information About EITC](#)

[Qualifications for EITC](#)

[Research Article: EITC and Food Security](#)

Senior Manager, Federal Programs (General Questions, SFSP, and CACFP)

Tammy Deiter: tammy.deiter@secondharvestmidtn.org

Manager, Federal Programs (CSFP)

Kayla Neal: kayla.neal@secondharvestmidtn.org

Client Outreach Manager (SNAP & TEFAP)

Kaley Shepherd: kaley.shepherd@secondharvestmidtn.org

If you have questions about Federal Nutrition Programs, our Federal Programs Team may be able to help. See to the left for their contact information.