

# Resource Library

Below you will find a library of resources and expert organizations in various supportive fields. Often, our clients may need assistance beyond food. If a client comes to your pantry with a unique need your pantry cannot fulfill, try and see if the resources below can be of use. We will continue updating this list. **Click on each link to learn more.**

## UT Extension

UT Extension helps Tennesseans improve their quality of life and solve problems through various agriculture based resources.

[General Information About UT Extension](#)

[County Office Locator](#)

## Age Well

Age Well provides resources in caregiver support, elder abuse & scam protection, and creating livable communities for the elderly.

[General Information About Age Well](#)

[Scam Prevention for Seniors](#)

## TIRRC

Tennessee Immigrant and Refugee Rights Coalition is an expert organization in the realm of immigrant and refugee communities.

[The "Welcoming Tennessee" Initiative](#)

[Resource Referrals](#)

## Neighborhood Health

Neighborhood Health is a network of 10 affordable health clinics across Nashville, offering a variety of health services.

[Neighborhood Health Clinic Locations](#)

[Services Offered](#)

## AAAD

The Area Agency on Aging and Disability helps to plan and provide programs and services for older Tennesseans and people with disabilities.

[AAAD Locations by Region](#)

[Assistance Based on Specific Needs](#)

## Legal Aid Society

Legal Aid Society provides free legal assistance to qualifying low-income individuals on legal issues surrounding various basic needs.

[Free Legal Help Clinics](#)

[Types of Legal Cases Accepted](#)

## Nashville Diaper Connection

Nashville Diaper Connection provides free-diapers to people living in poverty.

[Diaper Locator](#)

[Diaper for Diplomas Program](#)

## West End Home Foundation

West End Home Foundation is a charitable organization focused on enhancing the lives of older adults.

[Reframing Aging Resources](#)

[Exposing Cyber Threats for Seniors](#)

## Nurture The Next

Nurture The Next provides supports and services to families, to help create environments where children can thrive.

[Parent Programs & Services](#)

[Family Connection Events](#)

## Family & Children Services

Family & Children Services connects people in crisis to necessary resources & services.

[Counseling & Crisis Services](#)

[Child Welfare & Community Services](#)

## TALS

Tennessee Alliance for Legal Services connects vulnerable Tennesseans to civil legal help.

[Tennessee Free Legal Answers](#)

[Senior Legal Help Assistance](#)

## NICE

Nashville International Center for Empowerment aids refugees and immigrants with their resettlement.

[Programs for Refugees](#)

[Understanding the Journey of a Refugee](#)

As we learn of resources in the community, we will continue to update this list. Check back frequently for updates to our resources.