

TABLE TOPICS

SUMMER 2023



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A Message of Thanks from Nancy



Dear Friend,

Summer is truly a time for kids to flourish with friends and family. As a child, I spent my summers with family, cutting open a watermelon, toasting s'mores over a fire, and going on picnics. We always spent the summers gathering around meals, but children and families can't do that without access to proper food and nutrition.

During the school year, families can find many programs to help avoid the threat of hunger. But in the summer, many of those programs are unavailable, and kids are left without reliable sources of nutritious food.

That's why Second Harvest Food Bank of Middle Tennessee dedicates additional resources to feeding children in June, July, and August. Through extra Mobile Pantries, increased distribution through Partner Agencies, and relationships with local farmers, we can meet the heightened demand for summer food and keep our community well-fed.

With the increased need in the summers, comes increased need for resources from our donors and grocery partners. But unfortunately, Second Harvest and our supporters aren't immune to the impacts of high food costs. We've seen a decrease in food donations, which requires us to purchase more food and limits our supply.

Because of this, your support of Second Harvest is invaluable, and I am so grateful that you have chosen to partner with us. Please, enjoy the newest edition of *Table Topics*, full of stories of lives changed by your generosity.

Thank you for joining us in ensuring all our neighbors have ongoing access to nutritious food. Your support is a meaningful part of our work to advance hunger solutions throughout the year.

Gratefully,

Nancy Keil
President & CEO



Find past issues of our newsletter and our current donor acknowledgment page online at secondharvestmidtn.org/news-room

Your suggestions and comments for *Table Topics* are always appreciated! Please send an email to news@secondharvestmidtn.org

OUR MISSION

WE PROVIDE FOOD TO
PEOPLE FACING HUNGER
AND WORK TO ADVANCE
HUNGER SOLUTIONS.

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Linda Shares Her Story of Hope!



LINDA SHARES WHAT GRACE MEANS TO HER.

Born and raised in Smith County, Linda and her husband returned after spending 27 years in Nashville raising their two sons. Now known affectionately as “Mama Linda” by members of her church, she’s a role model of resiliency and determination.

Over the course of her career, Linda worked hard at two jobs managing both a retail store and a drug store. Then, she began to experience one challenge after another.

It began when Linda’s career was cut short when a car accident resulted in a disabling back injury. Then, her family received the devastating news that Linda’s husband was diagnosed with bone cancer.

After learning of the diagnosis, the couple moved back to Carthage to be closer to family. Here, Linda endured unthinkable suffering — the loss of her husband, followed by the loss of both of her sons in their 40s.

Linda’s faith and resiliency continue to see her through her grief. Amid her healing, she says she has found meaningful community that has helped her along the way — including friends like you.

Now, Linda is 74 and lives alone. The support she receives from Second Harvest is essential to her well-being. At the Carson Maxwell Livestock Arena in Carthage, Linda gratefully receives food from Second Harvest.

“It’s a miracle to have this food,” Linda shares.

To donors like you, Linda says, “This is a blessing, and I am so thankful. It’s amazing seeing all the people out here helping and serving.”

We echo Linda’s sentiment and can’t thank you enough for being a partner in our shared vision of a hunger-free Middle and West Tennessee.

“ It’s a miracle to have this food ”



A Gift of Hope — All Year Long!

David and Anna Morad moved to Middle Tennessee over 20 years ago to help

David’s small business grow. They were thrilled to discover that it was the perfect place to raise their two children.

In giving back to the community, the couple wanted to support an organization that has a local impact, supports child-focused initiatives, and demonstrates fiscal responsibility.

They learned that Second Harvest runs the school-based Backpack Program among other children’s

programs and has earned a high charitable giving rating year after year. It was a perfect fit!

The Morads committed to a monthly recurring gift to make the biggest impact possible. Food insecurity is an issue every day of the year — in Anna’s work as a pediatrician, she sees children impacted by food insecurity on a regular basis. A monthly donation allowed David and Anna to show their support year-round.

To join *Second Helpings* and become a monthly hero in our community, visit secondharvestmidtn.org/monthly or contact Jennifer Jackson at 615-627-1583 or Jennifer.Jackson@secondharvestmidtn.org.



See How You Make a Difference!

WHEN GIDEON MOVED TO TENNESSEE, HE WAS LOOKING FOR A PLACE TO VOLUNTEER AND MAKE A DIFFERENCE IN HIS COMMUNITY. THAT'S WHEN HE FOUND SECOND HARVEST. "IT MAKES ME FEEL GOOD THAT FAMILIES KNOW THEIR NEXT MEAL IS COMING," GIDEON SHARES.

News Briefs

STARS FOR SECOND HARVEST

JUNE 6

Stars is back! Tickets always sell out for this special benefit concert, sponsored by American Airlines, which has previously featured stars like Blake Shelton, Dierks Bentley, and Keith Urban. Join us at Nashville's historic Ryman Auditorium on June 6. More info at secondharvestmidtn.org/stars-for-second-harvest-2023/stars

AN ODE TO OTHA BLOCK PARTY

JUNE 3

Join us in Nashville on June 3 for the ultimate block party to celebrate the music of legendary fife-and-drum bluesman Otha Turner. All proceeds benefit Second Harvest. Learn more about this all-inclusive event at othaturner.com

WE'RE HIRING!

Second Harvest offers more than just a job. We provide opportunities to build your career while making a difference in our community. View and apply for open positions today at secondharvestmidtn.org/job-opportunities

MIDDLE AND WEST TENNESSEE NEIGHBORS HELPED SPREAD THE LOVE THIS PAST FEBRUARY! WITH THE HELP OF LOCAL BUSINESSES AND GROUPS, THOUSANDS OF POUNDS OF NUT BUTTERS WERE DONATED TO PROVIDE OVER 50,000 MEALS TO OUR NEIGHBORS AT RISK OF HUNGER.



THE NASHVILLE ROTARY CLUB VOLUNTEERED IN DECEMBER FOR THEIR LARGEST EFFORT OF THE YEAR, FEED THE NEED. THIS YEAR THE ROTARY CLUB PACKED 37,044 DISASTER RELIEF BOXES, 63,504 ROTARY FOOD BOXES, AND 2,736 PREPARED INDIVIDUAL TRAY MEALS.



OUR FIRST FOOD FOR THOUGHT EVENT OF 2023 WAS HELD ON MARTIN LUTHER KING JR. DAY WITH SPECIAL GUEST SPEAKER DR. DAVID HOLMES OF LIPSCOMB UNIVERSITY. TOGETHER, WE LEARNED ABOUT DR. KING'S LEGACY AND THE IMPACT HIS WORK CONTINUES TO HAVE ON US ALL.



THANKS TO THE RECENTLY AWARDED LOCAL FOOD PURCHASE ASSISTANCE COOPERATIVE AGREEMENT PROGRAM FUNDS (LFPA), SECOND HARVEST IS ABLE TO PURCHASE AND DISTRIBUTE FRESH FOODS FROM LOCAL AND REGIONAL SOCIALLY DISADVANTAGED AND UNDERSERVED PRODUCERS IN MIDDLE AND WEST TENNESSEE.

LOOK WHAT YOU MADE POSSIBLE LAST YEAR!

In the last year, Second Harvest accomplished so much thanks to friends like you. Below are just a few things we managed to do together. For the full, interactive report, please use your smart phone camera to scan the QR code, or visit secondharvestmidtn.org/annual-report-2021-2022/



OUR IMPACT



COUNTIES
SERVED



96¢

OF EVERY DOLLAR
DONATED GOES
DIRECTLY TO FEEDING
PROGRAMS



41.6 MILLION
POUNDS
OF FOOD DISTRIBUTED



MOBILE
PANTRIES

35.2

MILLION MEALS
PROVIDED TO OUR NEIGHBORS
FACING HUNGER



OUR COMMUNITY SHARES HOPE FOR NEIGHBORS FACING HUNGER

Giving back is the lifeblood of Second Harvest Food Bank. Volunteer Dorothy sorts and packs food in Smith County, sharing the help she received when she used the Living Waters Mobile Pantry. "This is what we do," she says. "We all help each other."

WHY WE'RE INDISPENSABLE

Every day food is thrown away, at the same time 1 in 8 Middle and West Tennesseans is experiencing food insecurity. We can solve the problem of hunger in part by fixing logistical problems that lead to food waste. Our donors and volunteers make it possible for us to have the space and manpower to manage large shipments of high quality, unsold food. We break shipments down and deliver them at the right time in the right amounts to our network of nearly 420 Partner Agencies across 46 counties.



THE CAMPUS CUPBOARD

Thanks to the Campus Cupboard, Korina, a student at Nashville State Community College, could pick up extra resources each week. With the support from Second Harvest and her college, Korina accomplished her dream of graduating this year!

Second Harvest partner agencies are the beating heart of our program. 80% of our food is distributed through the efforts of programs like the Campus Cupboard, which means many more neighbors like Korina can find support!

You Make a Difference for Kids Like Jesse

Summer is Jesse's favorite season. He loves to play outside with his friends and pets.

Jesse lives with his grandparents who take good care of him... including enrolling him in Second Harvest's Partner Agency Big Sandy Christian Community Outreach Center. At Big Sandy CCOC, Jesse can play with his friends and enjoy healthy meals to fuel his day.

Big Sandy CCOC includes ministries dedicated to food distribution and meals for kids like Jesse who need a little extra help.

"I like the lunch and snacks they give us here," Jesse shares. "It tastes really good!"

Jesse's grandma is also glad for him to have a place to get his energy out. "I have a lot of energy," Jesse admits.

Jesse loves all animals, but he takes special care of his dog Shadow and cat Sally. "I want to be a vet when I grow up," he says. "I know lots of things about animals. Did you know that dogs sweat through their mouths? It's called panting."

Healthy food is the fuel energetic kids like Jesse need to achieve their dreams. And thanks to your generous partnership, they can find it at Big Sandy CCOC!

“ I like the lunch and snacks they give us here. It tastes really good! ”



JESSE TAKES A BREAK FROM A YUMMY LUNCH TO SMILE.



An Annual Family Gift with a Lasting Legacy

Kren and George Teren have lived in Nashville since 1986 and have long been aware of Second Harvest Food Bank. But it wasn't

until their adult daughter suggested an annual gift to the organization that the Terens began making meaningful financial contributions on a yearly basis.

While many people are interested in donating a portion of their income to charity, Kren and George uniquely aim to make their giving a whole-family decision.

"Because we can give back, we absolutely should!" says Kren. "And we want to involve our

kids so they will learn about the impact of making charitable donations, have a voice of their own, and ultimately be inspired to give back in the future, on their own."

The family donates using a Donor Advised Fund (DAF) because it helps simplify record keeping of the tax deduction and streamlines their donation. "It is simpler, easier, and there is less paperwork to keep track of by using a DAF as opposed to giving to charitable organizations directly," Kren explained.

To learn more about establishing a Donor-Advised Fund, reach out to Marian Eidson at 615-627-1564 or Marian.Eidson@secondharvestmidtn.org

Miles Can't Wait for Summer!

Miles is 11. Sixth grade is full of fun new experiences for him, like homemade volcanoes and other fun science experiments. English and Science are Miles' two favorite subjects, and when he grows up, he wants to be a scientist to help cure diseases.

When school is out for the summer, kids like Miles lose access to free and reduced-price meals in the school cafeteria. That means summer, which could be full of fun experiences and playing outside with friends, can instead be full of hunger.

Because of generous friends like you, Miles will be able to enjoy the Second Harvest Kids Cafe program at Partner Agency Easley Community Center — just one of the many programs your generosity helps support.

Kids Cafe provides free meals, snacks, and nutrition education to at-risk children through

a variety of community programs during and after school and in the summer months.

Miles knows how important it is to eat a variety of foods to keep him happy and healthy throughout the day. That's why he likes to eat lots of fruits and vegetables.

"When I eat fruits and vegetables, it wakes me up and gives me energy and helps me not get tired at the end of the day," Miles explains.

Thank you for being a friend to Miles and the Second Harvest Food Bank this year!

“When I eat fruits and vegetables, it wakes me up and gives me energy and helps me not get tired at the end of the day.”



MILES ENJOYS A VARIETY OF FOODS



Second Harvest Food Bank of Middle Tennessee
The Martin Distribution Center
331 Great Circle Road
Nashville, TN 37228
secondharvestmidtn.org

To learn more about getting involved, join our online community @2HarvestMidTN



Or visit us online at
secondharvestmidtn.org

Thanks to our **DONORS!**

Second Harvest is so grateful for last quarter's extensive community support.

Thanks to all of you for your volunteer hours, financial contributions, and donated food, goods, and services!

Thank you to these people and organizations for generous food drive donations

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