ANNUAL REPORT





LETTER FROM THE PRESIDENT & CEO

Never in Second Harvest Food Bank of Middle Tennessee's 43-year history have we experienced demand – or distribution growth – of this magnitude. In the past year and a half, we have seen our vision of "a community where no one is hungry" get further away because of the ongoing COVID-19 pandemic. Like so many, Second Harvest was forced to meet the moment and evolve, distributing more meals to our Middle and West Tennessee neighbors facing hunger than ever before. Despite these unimaginable circumstances, we made strides to strengthen our network, adapt our operations, and re-evaluate where we needed to focus our efforts, all while continuing to address the root causes of food insecurity in our community.

Thanks to you, we have been able to pivot and increase access to nutritious food no matter the circumstances, even as we have seen the demand continue at higher than pre-pandemic levels. Because of your support, we were able to help the people you will read about within these pages and hundreds of thousands more. People like Paula, a nurse who had to take time away from her job to care for her grandmother and now relies on the food you provide to make ends meet. And Landon, a 4th grader who dreams big dreams and whose family relies on meals from Second Harvest's Summer Food Service Program so he can stay healthy and thrive.

In October 2020, eight months into the pandemic, we started laying the foundation for a new strategic vision and plan for our organization. We began executing this plan at the beginning of our 2021/2022 fiscal year. The plan features three strategic pillars that craft a road map for our work in the years to come, starting with our own Second Harvest team collectively working to better serve our community. We have sought input from our donors, volunteers, and Partner Agencies, and they have spoken with their hearts by giving and partnering in new creative ways with a focus on moving people out of poverty.

There is no denying this is one of the most challenging years in recent history. With your help and action, we have taken steps to achieve a food-secure future for everyone in our community. We are so grateful to you – our supporters, volunteers, and partners – who give us the resources to provide hope to the children, families, and seniors living with hunger in Middle and West Tennessee every day.

MISSION: We provide food to people facing

NANCY KEIL President & CEO









AT-RISK AFTERSCHOOL MEAL PROGRAM

FEEDING

Second Harvest sponsors 13 At-Risk Afterschool programs in Middle Tennessee and provided nearly 10,000 meals to participating children during the school year. The program runs for 10 months during the school year and food costs are reimbursed through the Child & Adult Care Food Program (CACFP).

PROGRAMS

BACKPACK PROGRAM

The BackPack Program provides easy-to-prepare food for at-risk children on weekends and during school breaks when other resources are not available. More than 5.500 children received BackPacks each week.

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

CSFP works to improve the health of low-income elderly persons at least 60 years of age by supplementing their diets with nutritious USDA Foods. CSFP is a USDA-funded program that is contracted by the Tennessee Department of Health and provides a monthly food box to participating low-income seniors.

EMERGENCY FOOD BOX PROGRAM

The Emergency Food Box Program provides food assistance to individuals and families on an urgent-need basis through 11 sites in Davidson County. Nearly 1.4 million meals were provided through emergency food boxes, which include two to three days of staple food items based on the number of people in the household.

FARM TO FAMILIES

The Farm to Families Program engages farmers and Partner Agencies to supply locally grown, nutritious produce to those in need, ensuring less food goes to waste.

GROCERY RESCUE PROGRAM

Second Harvest rescues, sorts, and distributes frozen meat, dairy, produce, and dry groceries from nearly 280 grocery stores and food donors. The Grocery Rescue Program rescued more than 7 million pounds of food.

KIDS CAFE

Kids Cafe provides free meals, snacks, and nutrition education to at-risk children through a variety of community programs during the school year and in the summer months. Participating children received more than 49.000 meals and snacks.

MOBILE PANTRIES

Second Harvest coordinates large-scale, one-day distributions with Partner Agencies to provide food directly to individuals and families in need. A typical Mobile Pantry provides a family with one to two weeks of groceries. More than 205,000 individuals received assistance through this program.

PARTNER AGENCIES

Second Harvest distributes food and other products to 450 Partner Agencies in Middle and West Tennessee. Partners include food pantries, soup kitchens, shelters, childcare facilities, and senior centers.

PROJECT PRESERVE®

Project Preserve® provides a comprehensive co-op and manufacturing program for Partner Agencies and the Feeding America food bank network. This operation produces boil-in-a-bag and tray-pack meals and assembles custom disaster relief and feeding program products.

SCHOOL FOOD PANTRY PROGRAM

The School Food Pantry Program increases food access for schoolchildren and their families. School-based pantries have a permanent residence within a school where food is delivered and distributed each month. More than 312,000 meals were provided through 50 sites.

SENIOR NUTRITION PROGRAM

The Senior Nutrition Program provides low-income seniors with food resources that are nutritious, easy-to-prepare and shelf stable.

SUMMER FOOD SERVICE PROGRAM (SFSP)

Second Harvest sponsors the Summer Food Service Program (SFSP) at sites throughout Middle Tennessee each summer. Through this program, we provided more than 23,000 breakfasts and lunches in the summer of 2021 to help ensure that low-income children continued to receive nutritious meals when school is not in session.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) OUTREACH

Second Harvest offers SNAP outreach and application assistance at our Emergency Food Box sites, Mobile Pantry distributions, and Partner Agency locations. We share information about the benefits and provide prescreening for applicants.

HOW WE WORK WHAT WE DO Storing and delivering food safely is a complex undertaking, requiring warehouse space, refrigerated trucks, fuel, drivers, and so much more. In addition to accepting surplus food, we also raise funds and write grants to buy food at bulk prices, WHERE IT ALL STARTS fund feeding programs, and cover operating costs. Our food comes from a variety of sources. We capture donated and surplus food from grocery stores, farms, manufacturers, distributors, and individuals. We then bring SECOND HARVEST FOOD BANK the food to one of our three facilities where **OF MIDDLE TENNESSEE** it's inspected and sorted by volunteers, then safely stored for future distribution. WHY WE'RE INDISPENSABLE Massive quantities of food get dumped into landfills, yet 1 in 8 Middle Tennesseans is at risk of hunger. This is partially a logistics problem. Thanks to our donors and volunteers, we have the space and the manpower to manage large shipments, break them into smaller units, and send them at the right time and in the right quantity WHERE IT GOES to our network of Partner Agencies across 46 counties. Our Partner Agencies include afterschool programs, soup kitchens, senior centers, and other nonprofits that provide food to people facing hunger. Each community agency has unique needs. We send them as much food as they can safely store, and the right types of foods to keep their clients healthy and happy. Together we're fighting hunger and Feeding Hope.

STORIES OF HOPE



Melissa, 62, has lived in Decatur County most of her life. She worked for years at the local Board of Education and holds master's degrees in both Business Administration and Conflict Management. A cancer survivor and recently widowed, the grandmother now has sole custody of six of her grandchildren. With pandemic-related school closures, alternating schedules, and school-enforced quarantines – Melissa was forced to resign her in-person job to take care of the children. Since then, she's been struggling to afford living expenses and is falling behind on many of her bills. Fortunately, she has also received help from neighbors and organizations like the food ministry at St. Paul Missionary Baptist Church – a Second Harvest Partner Agency. "It has been a hard year. This food helps so much."

THE SMITH FAMILY

Decaturville, Decatur County

Point your smartphone camera here to read more Stories of Hope



Mark, 68, is a single parent to his two grandsons, ages 14 and 11. He was previously a long-haul truck driver traveling coast-to-coast. After being forced to retire early to care for his grandchildren six years ago, he now lives on a limited fixed income. He appreciates the loads of fresh produce and variety of food he receives from Second Harvest Mobile Pantries. "Thank you. Thank you very much for having kindness in your heart to do this. Without kindness, we wouldn't be able to help each other, and I really appreciate it."

MARK

Monterey, Putnam County



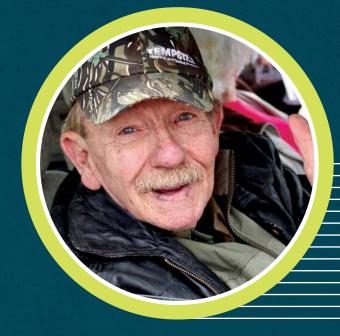
Maria works in the hospitality industry, and her hours were cut during the height of COVID-19 closures. Her husband was still able to work his construction job, but living off just his income is difficult. The couple struggles sometimes to put food on the table for themselves and their 6-year-old son Jonathan. Fortunately, the food the family receives from Second Harvest has served as a lifeline for the family. "This means so much for my family. We love to eat together but it has been hard."

MARIA

Nashville, Davidson County

James, 74, is retired and lives in Ashland City. He was declared medically disabled at age 46 after a battle with stomach cancer. James lives alone with his dog on a limited fixed income. With the help of Second Harvest, James can access the food and resources he needs. He's thankful to know that he hasn't been forgotten. "Loneliness is very harmful to your health believe it or not. Tell the donors, thank you. If they could only have a small idea of how much this helps."

JAMES Ashland City, Cheatham County



Landon, 8, is a soon-to-be 4th grader who loves all things sports.

His dream is to be an NFL player for the Jacksonville Jaguars.

Landon lives in North Nashville and is one of many children in his neighborhood who receive meals from Second Harvest's Summer Food Service Program. "When I get big, I am going to play football.

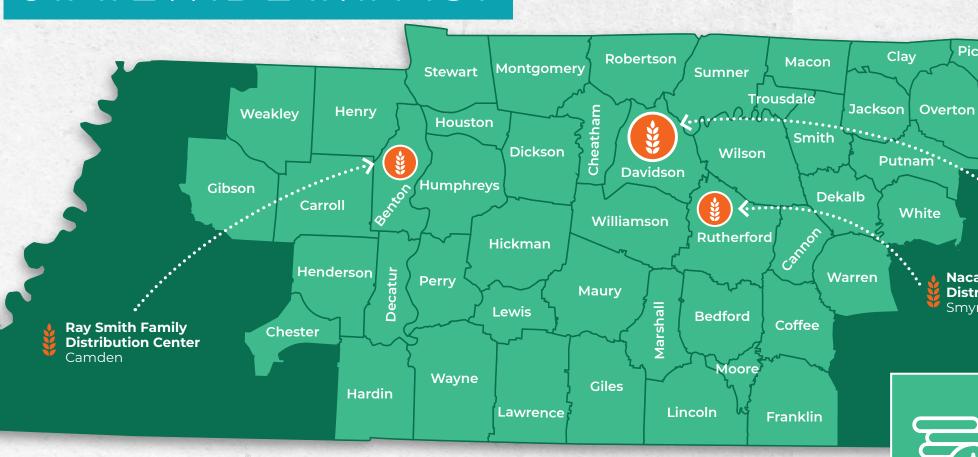
I am going to eat good food so I can get good and strong."

LANDON

Nashville, Davidson County



STATEWIDE IMPACT



COUNTIES **SERVED**

Second Harvest Food Bank of Middle Tennessee

Distribution Center Smyrna

Pickett

White

Paula, 56, is a nurse from Gallatin. She had to take some time away from her job to care for her 103-year-old grandmother who recently passed away. Now only her husband is employed while Paula is looking for work again. Money is tight and affording groceries can be difficult with just one income. Paula is thankful Second Harvest can help take care of her and her family, the same way she was there to take care of her grandmother. "If you give from the heart and bless someone else, you'll be blessed in return."

PAULA

Gallatin, Sumner County



40,994

OF EVERY DOLLAR **DONATED GOES DIRECTLY TO FEEDING PROGRAMS**



466

TONS OF FOOD **DISTRIBUTED** PER WEEK





PANDEMIC RESPONSE

As the pandemic continued to make life difficult in the communities we serve, Second Harvest collaborated with existing and new partners to meet the need in fresh and innovative ways.



PARTNERING WITH WEST TENNESSEE LAW ENFORCEMENT TO FIGHT HUNGER

The Humphreys County Sheriff's Department remains a committed partner in Feeding Hope in our Western service area. Even before the devastating flood there in August 2021, they were working with Partner Agency St. Vincent de Paul / St. Patrick's Church on food distributions like this Mobile Pantry in March 2021. When the flood hit, they were ready to mobilize with food support in addition to their regular duties.

HISTORIC AFRICAN **AMERICAN CHURCH** FIGHTS HUNGER

Ten years ago, Authur and Jeanette Phelps started the food ministry at St. Paul Missionary Baptist Church, a Second Harvest Partner Agency in Decatur County. Twice a month, the church provides fresh produce, meat, dairy, baked goods, and pantry items to those facing hunger in their community.

"This church is 200 years old and was part of the Underground Railroad," said Authur. "We are one of the few historic African American Churches in this area, and we have been blessed to serve this community for so many years."







AMAZON DELIVERS HOPE

neighbors where they live.

In the midst of the pandemic when the need was higher

than ever, Amazon stepped in to help deliver hope to our

Through their Community Delivery program, the company

delivery partners have distributed nearly 300,000 meals to

partnered with Second Harvest to provide free home

transportation or were in quarantine. In total, Amazon

children, families, and seniors struggling with hunger.

delivery of food boxes to households that had no

CHRISTMAS DAY BOMBING RESPONSE

bombing in downtown Nashville,

whose building was destroyed in the blast.

"It is a great feeling that someone is hearing my story and someone out there is willing to help," said Peter. "Nashville is a good community, and we are thankful for the help."



On New Year's Day, 2021, Second Harvest joined a dedicated

group of government and nonprofit entities to distribute food and resources to those impacted by the Christmas Day

including Peter, a local business owner

VOLUNTEERS GIVE BACK THROUGH DIFFICULT TIMES

Providing food to those who need it is hard work. Elyse has been sorting and packing food with us since early 2020 at the Ray Smith

Family Distribution Center in Camden. "Food insecure families are struggling to put food on their tables during these difficult times of high unemployment," she says.

"I want to be part of the solution!"

SECOND HARVEST EVENTS PIVOT **DURING THE LOCKDOWN**

Generous Helpings, the popular annual food & beverage event and fundraiser, unveiled a new look in 2021, as Generous Helpings Through the City. Adapted in response to COVID-19, the event featured multiple socially distanced dinners that took place at restaurants throughout Nashville - Chaatable, Hathorne, Jasper's, and Sinema.

In addition, Second Harvest premiered a new fundraising event series - Dinner with a Purpose. In partnership with local chefs from Nashville and Murfreesboro, we offered patrons gourme meals-to-go from Nicky's Coal Fired, Juniper Green, Redheaded Stranger, Maiz de la Vida, Primrose Table, Alley on Main, Tansuo, and Thai Esane.





HOLIDAY SERVICE DAY!

With so many Tennesseans still out of work, Second Harvest continued to operate above capacity, adding more no-contact, drive-thru Mobile Pantries to distribute food safely to families. During a holiday distribution at our Nashville warehouse in December 2020, our staff and Board members worked together to serve more than 500 families facing hunger.



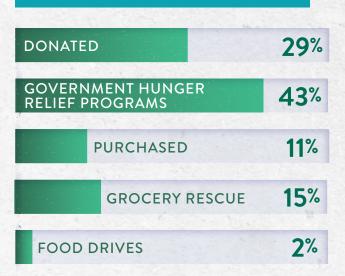
PROUDLY SERVING 46 COUNTIES in Middle and West Tennessee

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COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	TOTAL MEALS PROVIDED
BEDFORD	12	6,120	1,940	1,125,482
BENTON	6	2,810	710	498,856
CANNON	2	1,850	530	189,564
CARROLL	4	4,530	1,230	274,081
† СНЕАТНАМ	4	4,120	1,100	262,939
CHESTER	3	2,320	680	146,218
CLAY	2	1,350	340	121,728
COFFEE	16	7,080	2,170	2,356,960
DAVIDSON	132	84,900	20,900	12,085,496
DECATUR	3	1,780	500	296,510
DEKALB	5	2,730	770	442,457
DICKSON	5	6,320	1,800	755,294
FRANKLIN	4	5,500	1,380	465,530
GIBSON	8	7,210	2,300	915,633
GILES	8	3,840	990	588,393
HARDIN	4	3,880	1,060	626,102
HENDERSON	7	4,270	1,270	585,506
HENRY	6	4,970	1,470	547,189
HICKMAN	2	3,450	940	407,888
HOUSTON	3	1,240	390	183,613
HUMPHREYS	6	2,780	740	327,886
JACKSON	1	1,890	500	297,338
LAWRENCE	8	6,300	2,120	424,525
LEWIS	3	1,810	590	1,016,048

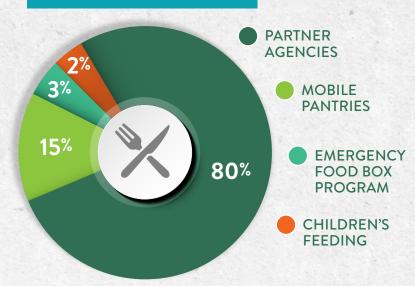
COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	TOTAL MEALS PROVIDED
LINCOLN	6	4,510	1,280	331,699
MACON	4	3,300	980	288,509
MARSHALL	5	4,060	1,180	322,260
MAURY	20	10,210	2,760	1,329,696
MONTGOMERY	19	24,590	7,330	2,192,770
MOORE	1	610	150	55,218
OVERTON	4	2,910	830	448,660
PERRY	1	1,400	440	241,627
PICKETT	1	720	220	71,668
PUTNAM	22	10,200	2,560	723,510
ROBERTSON	7	7,340	2,250	596,839
RUTHERFORD	22	30,420	8,060	2,844,211
SMITH	2	2,440	670	336,420
STEWART	6	1,980	550	343,354
SUMNER	19	17,890	4,940	1,979,448
★ TROUSDALE	3	1,290	300	181,699
WARREN	4	6,510	2,140	441,631
WAYNE	3	2,550	680	249,133
WEAKLEY	5	4,940	1,250	336,948
MHITE	6	3,680	1,110	317,184
WILLIAMSON	9	12,700	3,080	2,882,430
WILSON	20	12,110	3,360	1,075,521
TOTALS	443	339,410	92,540	42,541,669

OUR RESOURCES

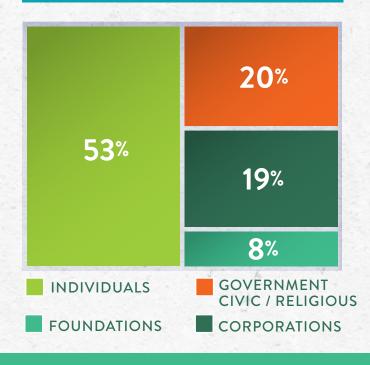
WHERE OUR FOOD COMES FROM



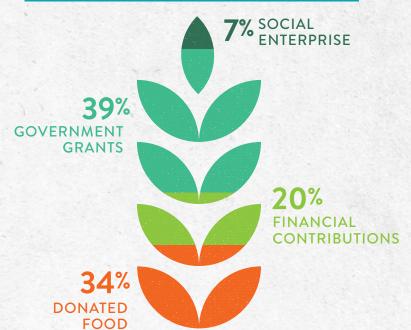
WHERE OUR **FOOD GOES**



WHERE OUR **FUNDING COMES FROM**



WHERE OUR RESOURCES COME FROM



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Shawn Williams

BOARD VICE CHAIR

Drew Berg **BOARD TREASURER**

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INTERNS Patrick Fears Mary Charlsey Graham



STATEMENT OF ACTIVITIES

PUBLIC SUPPORT AND REVENUE	Without Donor Restrictions	With Donor Restrictions	TOTALS
DONATED FOOD	\$37,032,696	5 VI, 15-15-	\$37,032,696
CONTRIBUTIONS	18,392,882	2,207,031	20,599,913
GOVERNMENT GRANTS	40,800,687		40,800,687
SHARED MAINTENANCE FEES	(3,486)		(3,486)
SPECIAL EVENTS & ACTIVITIES	441,103		441,103
Less: direct benefits to donors	(45,708)		(45,708)
INVESTMENT INCOME, NET	844,463		844,463
AGENCY TRANSPORTATION REIMBURSEMENT	220,788	2	220,788
FORGIVENESS OF PAYCHECK PROTECTION PROGRAM LOAN	1,572,100		1,572,100
OTHER INCOME (LOSS)	477,708		477,708
NET ASSETS RELEASED IN SATISFACTION OF PROGRAM RESTRICTIONS	3,146,091	(3,146,091)	-
TOTAL PUBLIC SUPPORT AND REVENUE	102,879,324	(939,060)	101,940,264

REVENUE - PROJECT PRESERVE® PROGRAM	Without Donor Restrictions	With Donor Restrictions	TOTALS
SALES TO OUT OF AREA NETWORK AGENCIES, NET OF DISCOUNT	49,211,393		49,211,393
SALES TO LOCAL AGENCIES	2,300,192		2,300,192
DONATED FOOD AND SERVICES	210,980		210,980
TOTAL REVENUE PROJECT PRESERVE® PROGRAM	51,722,565		51,722,565
LESS DIRECT COSTS & EXPENSES PROJECT PRESERVE® PROGRAM	(44,284,062)		(44,284,062)
GROSS PROFIT FROM PROJECT PRESERVE® PROGRAM	7,438,503		7,438,503
TOTAL SUPPORT AND REVENUE	110,317,827	(939,060)	109,378,767

EXPENSES	Without Donor Restrictions	With Donor Restrictions	TOTALS
PROGRAM SERVICES			
Emergency Food Box	3,640,779		3,640,779
Community Food Partners	68,296,341		68,296,341
Children's Programs	2,273,531		2,273,531
Mobile Pantry	12,986,935		12,986,935
TOTAL PROGRAM SERVICES	87,197,586		87,197,586
SUPPORTING SERVICES			
Management & general	1,429,000		1,429,000
Fundraising	3,185,330		3,185,330
TOTAL SUPPORTING SERVICES	4,614,330		4,614,330
TOTAL EXPENSES	91,811,916		91,811,916
CHANGE IN NET ASSETS	18,505,911	(939,060)	17,566,851
NET ASSETS - BEGINNING OF YEAR	33,199,074	2,486,311	35,685,385
NET ASSETS - END OF YEAR	\$51,704,985	\$1,547,251	\$53,252,236

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SECOND HARVEST FOOD BANK OF MIDDLE TENNESSEE 331 Great Circle Road Nashville, TN 37228

secondharvestmidtn.org

