

Annual Report



**SECOND HARVEST
FOOD BANK**

of MIDDLE TENNESSEE

Feeding Hope™

2018 - 2019

letter from the president & ceo



Thanks to you, we've been feeding hope in Middle and West Tennessee for over 40 years. I want to share how humbled, thankful, and privileged I feel to work alongside you and the amazing Second Harvest staff.

So much has changed the past four decades, but one thing remains – hunger. We've made so much progress in the fight against hunger in our community, yet we still have a lot of work ahead of us.

During the past year we established the Nacarato Family Distribution Center in Smyrna and the Ray Smith Family Distribution Center in Camden as well as enhancements to the Martin Distribution Center in Nashville. These two new hubs help us better serve our hungry neighbors in the southern and western counties of our service area.

People like Natalie, who is a full-time student and mother in Milan, have greater access to nutritious food as she works toward graduation. And Jean, who is retired and lives on a fixed income in McMinnville, has the groceries she needs to live a healthy life and still pay her bills. Natalie, Jean, and families across our 46-county service area have a better future because of you.

I've had the privilege of working with many of you as our Chief Development and Marketing Officer, and I look forward to continuing our good work as Second Harvest's new President and CEO.

I feel confident that by deepening our relationships and ensuring clarity of focus, we'll achieve the positive outcomes we strive for – a food-secure future for the families we serve.

Nancy Keil
President & CEO



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how we work

Where It All Starts

Our food comes from a variety of sources. We source donated and surplus food from grocery stores, farms, manufacturers, distributors, and individuals. We then bring the food to one of our three facilities where it's inspected and sorted by volunteers, then safely stored for distribution.

Where It Goes

Our Partner Agencies include afterschool programs, soup kitchens, senior centers, and other nonprofits that provide food to hungry people. Each community agency has unique needs. We send them as much food as they can safely store and the right types of foods to keep their clients healthy and happy. Together, we're fighting hunger and feeding hope.

What We Do

In addition to accepting surplus food, we also raise funds and write grants to buy food at bulk prices, fund feeding programs, and cover operation costs. Storing and delivering food safely is a complex undertaking, requiring warehouse space, refrigerated trucks, fuel, wages for drivers, and so much more.

Why We're Indispensable

Massive quantities of food get dumped into landfills, yet 1 in 8 Middle Tennesseans is at risk of hunger. This is partially a logistics problem. Thanks to our donors and volunteers, we have the space and the manpower to manage large shipments, break them into smaller units, and send them at the right time and in the right quantity to our network of Partner Agencies across 46 counties.

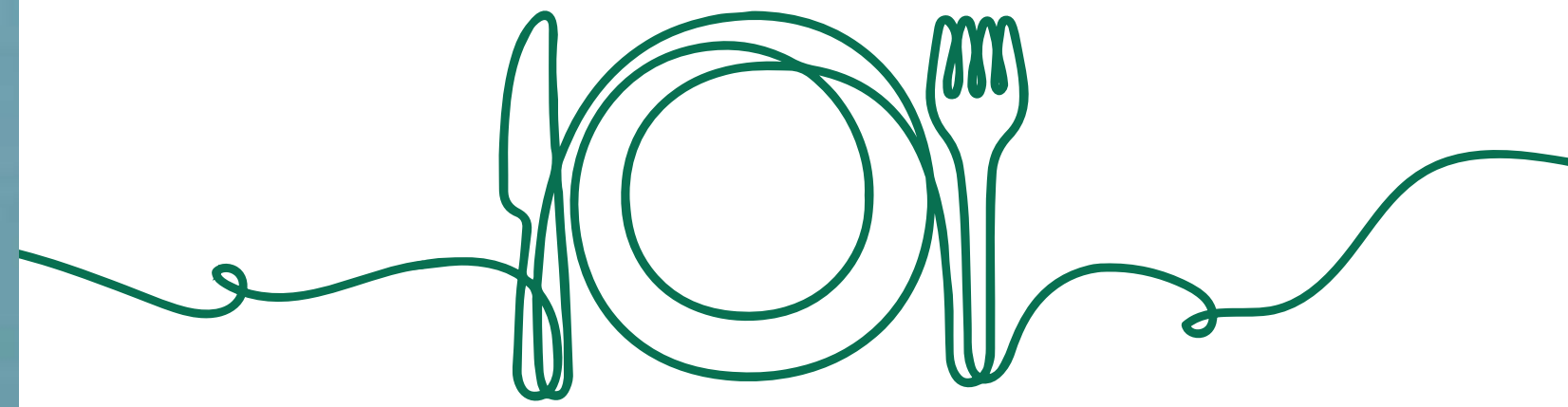
SECOND HARVEST FOOD BANK
OF MIDDLE TENNESSEE

PRIMARY
SCHOOL

SOUP
KITCHEN

MARKET

Stories of hope



“This food means
so much to us.”



JEANNETTE

The Kids Cafe at Project S.E.E., a Second Harvest Partner Agency in Nashville, serves up snacks and hot meals to 50 children – ages 6 to 12. Located in a local housing project, most of the children are from low-income families, and all of them live within a two-block radius from the program. “Sometimes kids are home alone and barely eat,” says Director Cynthia Macon Gordon. She says having a place to go to have a meal and study has been life-changing for many of the children and their families. “You’ll never know the depth of assistance this provides the community.”



HANNAH & GREG

“It’s so stressful when you don’t have food in the house. We make a lot of sacrifices but sometimes it’s still just not enough.” Siblings Hannah and Greg live with their single mom and 15-year-old sister. Despite having three adults working full-time jobs, the family still struggles to cover even their basic monthly expenses. Fortunately, the family was able to visit the Second Harvest Mobile Pantry at the St. Philip’s Episcopal Church in Donelson, where they received a few weeks’ worth of groceries. “This food means so much to us.”



“It is so appreciated. Every bit of this is a blessing.”



NATALIE

Full-time student and mother Natalie attends beauty school in Milan, leaving her with a very limited income until she graduates. When finances become tight, she visits the Mustard Seed Soup Kitchen in Gibson County – a Second Harvest Partner Agency – for lunch and dinner with her family to help offset some of her food costs. With two children, ages 2 and 8, she says that keeping enough food in the house can be a struggle. “I hate to say ration, but it would be a lot of rationing if I didn’t come here for food,” says Natalie.



MICHAEL

“I am low-income. I don’t like to say poor. I am rich in many things – just not money,” says Michael, who worked as a security guard for a local mall until he was hurt on the job. That combined with a couple of heart attacks and back surgery means he is now living on limited disability benefits. Some months Michael says he has to cut back – cutting off utilities and eating cheaper food options. He is grateful to receive help from the Second Harvest Mobile Pantry at The Family Center in Columbia where he is able to receive the fresh, nutritious food he needs for his family. “Keep doing what you are doing. You are appreciated. Lots of people here will be praying for you around their tables – including mine.”



GWEN

“I get less than \$700 a month, and rent is \$625,” says Gwen. Disabled since 2010, she suffers from chronic lung disease and liver failure. With high medical costs and a very limited income, Gwen sometimes finds herself unable to purchase food for herself and her family. A visit to the food pantry at the Bethesda Center in Ashland City – a Second Harvest Partner Agency – gives Gwen the help she needs. “Second Harvest is the place to go when you need food.”



TEKKI

After moving to Mount Juliet from Mississippi with her four boys, single mom Tekki needed help getting back on her feet; however, she says government assistance is not always enough. “You wonder, are my kids going to eat?” After a visit to the food pantry at Greenhouse Ministries in Murfreesboro – a Second Harvest Partner Agency – she was able to bring home the nutritional food items her family needs, which was a great relief to this working mom. “I was able to give my kids a meal. Thank you for providing.”



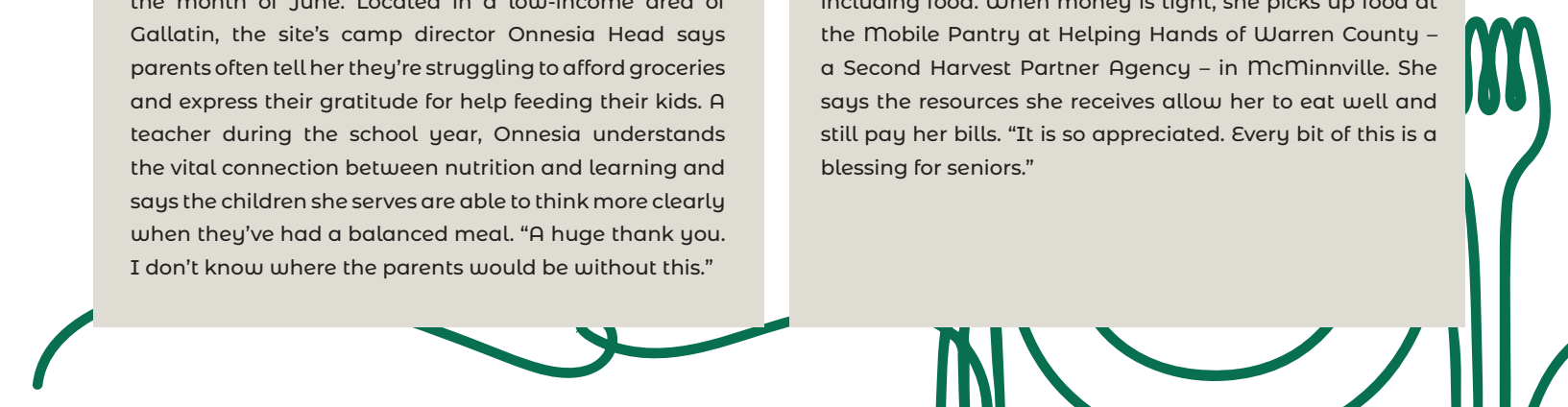
MELISSA

The free summer camp at Shalom Zone – a Second Harvest Partner Agency – offers breakfast, lunch, and enriching activities for 65 local boys and girls throughout the month of June. Located in a low-income area of Gallatin, the site’s camp director Onnesia Head says parents often tell her they’re struggling to afford groceries and express their gratitude for help feeding their kids. A teacher during the school year, Onnesia understands the vital connection between nutrition and learning and says the children she serves are able to think more clearly when they’ve had a balanced meal. “A huge thank you. I don’t know where the parents would be without this.”



JEAN

Jean, 72, is retired and living on a fixed income. She says the high cost of utilities – heat in the winter, air conditioning in the summer – makes it difficult to afford much else, including food. When money is tight, she picks up food at the Mobile Pantry at Helping Hands of Warren County – a Second Harvest Partner Agency – in McMinnville. She says the resources she receives allow her to eat well and still pay her bills. “It is so appreciated. Every bit of this is a blessing for seniors.”

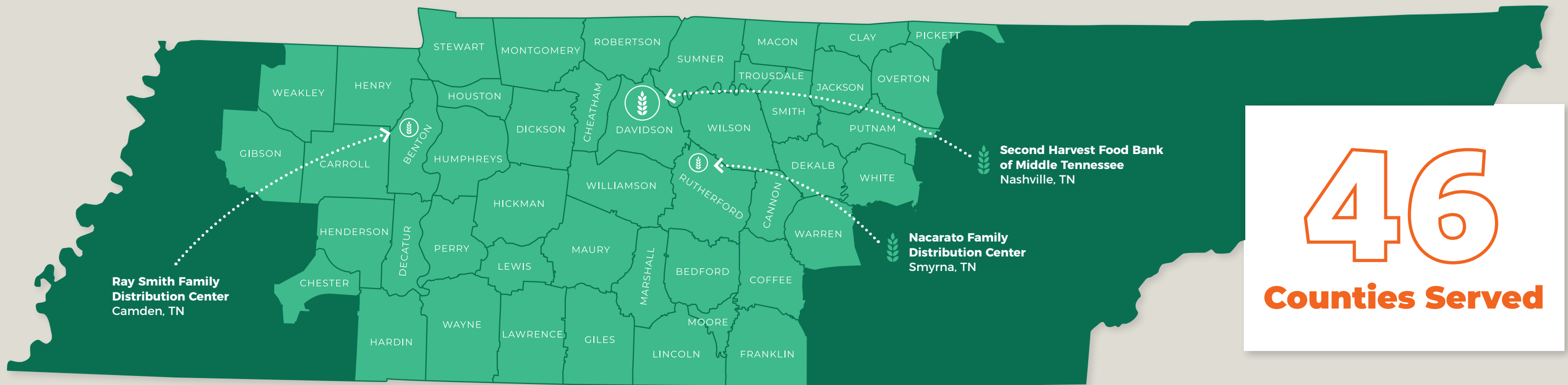




96 CENTS
OF EVERY DOLLAR
DONATED GOES
DIRECTLY TO
FEEDING PROGRAMS



29.5%
OF FOOD
DISTRIBUTED IS
FRESH PRODUCE



46
Counties Served



242
MOBILE
PANTRIES



31
MILLION
MEALS PROVIDED
TO OUR NEIGHBORS



























670,000
LBS OF FOOD
DISTRIBUTED
EACH WEEK
























87,199
VOLUNTEER
HOURS
GENEROUSLY DONATED

proudly serving
46 counties

COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	Total Meals Provided
 BEDFORD	10	5,540	2,270	790,396
 BENTON	5	2,340	720	293,829
 CANNON	2	1,640	570	137,958
 CARROLL	6	4,140	1,230	294,389
 CHEATHAM	6	3,870	1,570	201,610
 CHESTER	3	2,270	740	113,381
 CLAY	2	1,190	360	139,038
 COFFEE	13	6,370	2,450	675,298
 DAVIDSON	140	99,120	26,340	7,775,861
 DECATUR	3	1,680	580	264,622
 DEKALB	5	2,510	930	325,062
 DICKSON	6	5,900	2,150	377,040
 FRANKLIN	5	4,880	1,520	294,460
 GIBSON	10	7,260	2,430	681,860
 GILES	6	3,760	1,090	409,479
 HARDIN	6	3,570	1,150	620,777
 HENDERSON	6	3,990	1,390	310,286
 HENRY	6	4,450	1,480	359,104
 HICKMAN	2	3,090	1,030	288,314
 HOUSTON	4	1,100	400	233,978
 HUMPHREYS	4	2,310	800	267,103
 JACKSON	2	1,640	530	646,422
 LAWRENCE	8	5,450	2,210	527,305
 LEWIS	3	1,590	570	916,653

in middle and
west tennessee

COUNTY	Partner Agencies	Food-Insecure Individuals	Food-Insecure Children	Total Meals Provided
 LINCOLN	6	4,160	1,450	306,329
 MACON	5	2,790	1,060	271,757
 MARSHALL	4	3,580	1,290	283,003
 MAURY	18	10,240	3,480	883,811
 MONTGOMERY	16	26,200	8,970	2,365,561
 MOORE	1	540	200	93,188
 OVERTON	7	2,790	1,040	294,359
 PERRY	2	1,210	440	184,850
 PICKETT	1	630	210	53,150
 PUTNAM	21	10,850	3,320	851,028
 ROBERTSON	7	6,890	2,820	556,727
 RUTHERFORD	19	33,630	11,420	2,041,743
 SMITH	1	2,150	800	251,463
 STEWART	6	1,790	630	282,058
 SUMNER	19	17,060	6,490	1,463,970
 TROUSDALE	4	1,100	310	76,999
 WARREN	5	5,180	2,100	340,754
 WAYNE	4	2,260	690	210,917
 WEAKLEY	3	5,100	1,410	294,516
 WHITE	6	3,210	1,160	775,529
 WILLIAMSON	11	13,200	7,100	1,454,432
 WILSON	21	11,830	4,720	762,371
TOTALS	450	346,050	115,620	31,042,737

Food insecurity data from Feeding America's Map the Meal Gap 2019 study.

feeding programs

AT-RISK AFTERSCHOOL MEAL PROGRAM

Second Harvest sponsors 21 At-Risk Afterschool programs in Middle Tennessee and provided nearly 5,900 meals each month to participating children. The program runs for 10 months during the school year and food costs are reimbursed through the Child & Adult Care Food Program (CACFP).

BACKPACK PROGRAM

The Backpack Program provides easy-to-prepare food for at-risk children on weekends and during school breaks when other resources are not available. More than 5,700 children received Backpacks each week.

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

CSFP works to improve the health of low-income elderly persons at least 60 years of age by supplementing their diets with nutritious USDA Foods. CSFP is a USDA-funded program that is contracted by the Tennessee Department of Health and provides a monthly food box to participating low-income seniors.

PARTNER AGENCIES

Second Harvest distributes food and other products to 450 community Partner Agencies in Middle and West Tennessee. Partners include food pantries, soup kitchens, shelters, childcare facilities, senior centers, group homes and enrichment centers.

EMERGENCY FOOD BOX PROGRAM

The Emergency Food Box Program provides food assistance to individuals and families on an urgent-need basis through 16 sites in Davidson County. Nearly 2 million meals were provided through emergency food boxes, which include two to three days of staple food items based on the number of people in the household.

FARM TO FAMILIES

The Farm to Families Program engages farmers, community volunteers, and Partner Agencies to supply locally grown, healthy, and nutritious produce to those in need, ensuring less food goes to waste.

KIDS CAFE

Kids Cafe provides free meals, snacks and nutrition education to at-risk children through a variety of community programs during the school year and in the summer months. Participating children received more than 90,000 meals and snacks.

GROCERY RESCUE PROGRAM

Second Harvest rescues, sorts and distributes frozen meat, dairy, produce and dry groceries from 280 grocery stores and food donors. The Grocery Rescue Program rescued nearly 8.5 million pounds of food.

MOBILE PANTRY

Second Harvest coordinates large-scale, one-day distributions with Partner Agencies to provide food directly to individuals and families in need. A typical Mobile Pantry provides a family with one to two weeks of groceries. More than 157,000 individuals received assistance through this program.

THE PRODUCE TRUCK

Five days a week, Spring through Fall, the Produce Truck brings fresh vegetables, fruits and other perishable items into food-insecure neighborhoods in Davidson County. Perishable items are set out like a mini farmers' market at 21 different stops. On average, nearly 1,000 households receive more than 22,000 pounds of food each week.

PROJECT PRESERVE®

Project Preserve® leverages economies of scale, manufacturing and logistics expertise to provide a comprehensive co-op and manufacturing program for Partner Agencies and the Feeding America food bank network. This operation produces boil-in-a-bag and tray-pack meals and assembles custom disaster relief and feeding program products.

SCHOOL FOOD PANTRY PROGRAM

The School Food Pantry Program increases food access for schoolchildren and their families. School-based

pantries have a permanent residence within a school where food is brought and distributed each month. More than 125,000 meals were provided through 29 sites.

SENIOR NUTRITION PROGRAM

The Senior Nutrition Program provides low-income seniors with food resources that are nutritious, easy to prepare and shelf stable. The "senior packs" are distributed weekly or monthly depending on our Partner Agency needs.

SUMMER FOOD SERVICE PROGRAM (SFSP)

Second Harvest sponsors the Summer Food Service Program (SFSP) at sites throughout Middle Tennessee each summer. Through this program, we provided nearly 29,000 breakfasts and lunches to help ensure that low-income children continued to receive nutritious meals when school is not in session.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) OUTREACH

Second Harvest offers SNAP outreach and application assistance at our Emergency Food Box sites, Mobile Pantry distributions and Partner Agency locations. We share information about the benefits and provide prescreening for people who may qualify.



"I was able to give my kids a meal. Thank you for providing."

-Tekki

Statement of activities

FOR THE YEAR ENDED JUNE 30, 2019



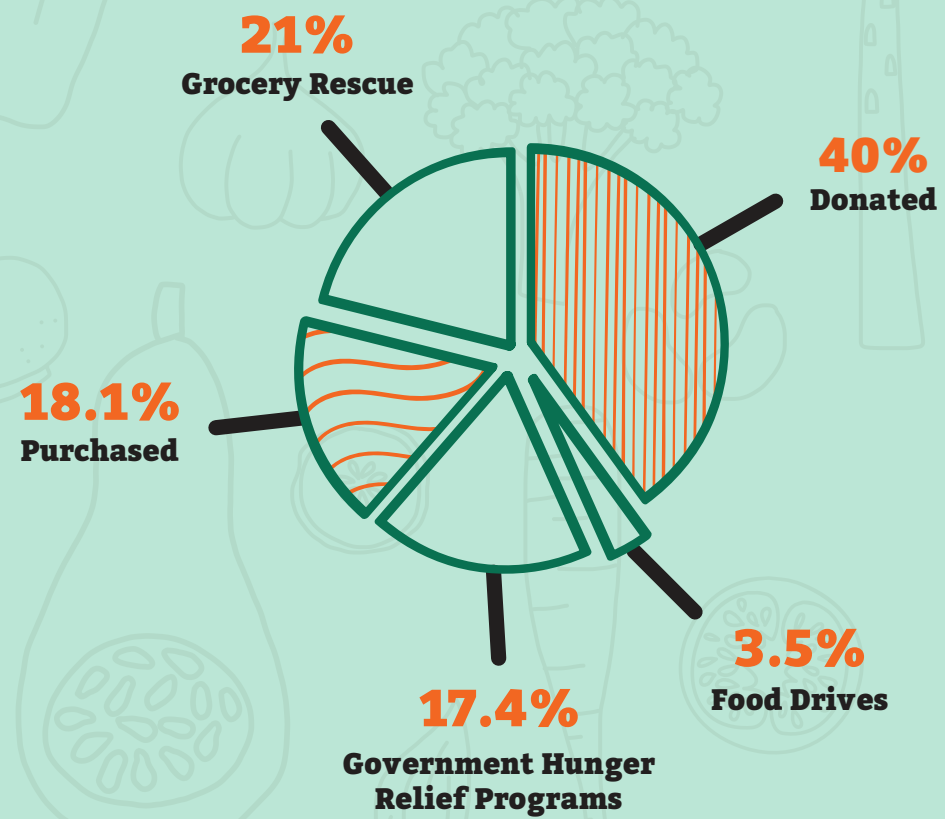
PUBLIC SUPPORT AND REVENUE	Unrestricted	Temporarily Restricted	Totals
DONATED FOOD	\$38,818,624	-	\$38,818,624
CONTRIBUTIONS	7,641,633	5,360,389	13,002,022
GOVERNMENT GRANTS	6,950,864	-	6,950,864
SHARED MAINTENANCE FEES	354,810	-	354,810
CULINARY ARTS CENTER	-	-	-
SPECIAL EVENTS	788,737	-	788,737
Less: direct benefits to donors	(139,814)	-	(139,814)
INVESTMENT INCOME	94,574	-	94,574
AGENCY TRANSPORTATION REIMBURSEMENT	215,783	-	215,783
OTHER INCOME	(16,120)	-	(16,120)
NET ASSETS RELEASED IN SATISFACTION OF PROGRAM RESTRICTIONS	6,562,159	(6,562,159)	-
TOTAL PUBLIC SUPPORT AND REVENUE	61,271,250	(1,201,770)	60,069,480

REVENUE - PROJECT PRESERVE® PROGRAM	Unrestricted	Temporarily Restricted	Totals
SALES TO OUT OF AREA NETWORK AGENCIES, NET OF DISCOUNT	30,425,418	-	30,425,418
SALES TO LOCAL AGENCIES	2,252,229	-	2,252,229
DONATED FOOD AND SERVICES	210,048	-	210,048
TOTAL REVENUE - PROJECT PRESERVE® PROGRAM	32,887,695	-	32,887,695
LESS DIRECT COSTS AND EXPENSES PROJECT PRESERVE® PROGRAM	(31,008,266)	-	(31,008,266)
GROSS PROFIT FROM PROJECT PRESERVE® PROGRAM	1,879,429	-	1,879,429
TOTAL SUPPORT AND REVENUE	63,150,679	(1,201,770)	61,948,909

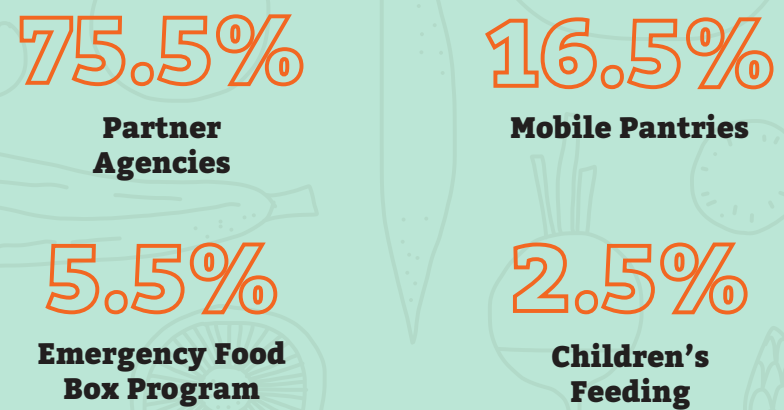
EXPENSES	Unrestricted	Temporarily Restricted	Totals
PROGRAM SERVICES			
EMERGENCY FOOD BOX	4,222,631	-	4,222,631
COMMUNITY FOOD PARTNERS	48,408,716	-	48,408,716
CHILDREN'S PROGRAMS	2,133,669	-	2,133,669
CULINARY ARTS CENTER	-	-	-
TOTAL PROGRAM SERVICES	54,765,016	-	54,765,016
SUPPORTING SERVICES			
MANAGEMENT AND GENERAL	925,991	-	925,991
FUNDRAISING	2,963,481	-	2,963,481
TOTAL SUPPORTING SERVICES	3,889,472	-	3,889,472
TOTAL EXPENSES	58,654,488	-	58,654,488
CHANGE IN NET ASSETS	4,496,191	(1,201,770)	3,294,421
NET ASSETS - BEGINNING OF YEAR, AS RESTATED	17,595,044	4,005,981	21,601,025
NET ASSETS - END OF YEAR	22,091,235	2,804,211	24,895,446

our resources

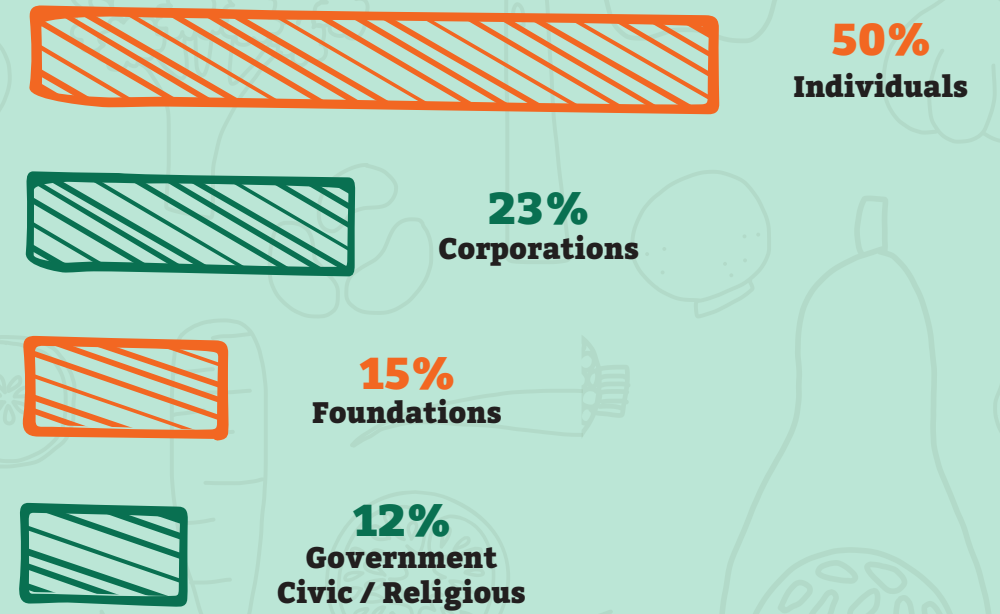
WHERE OUR FOOD COMES FROM



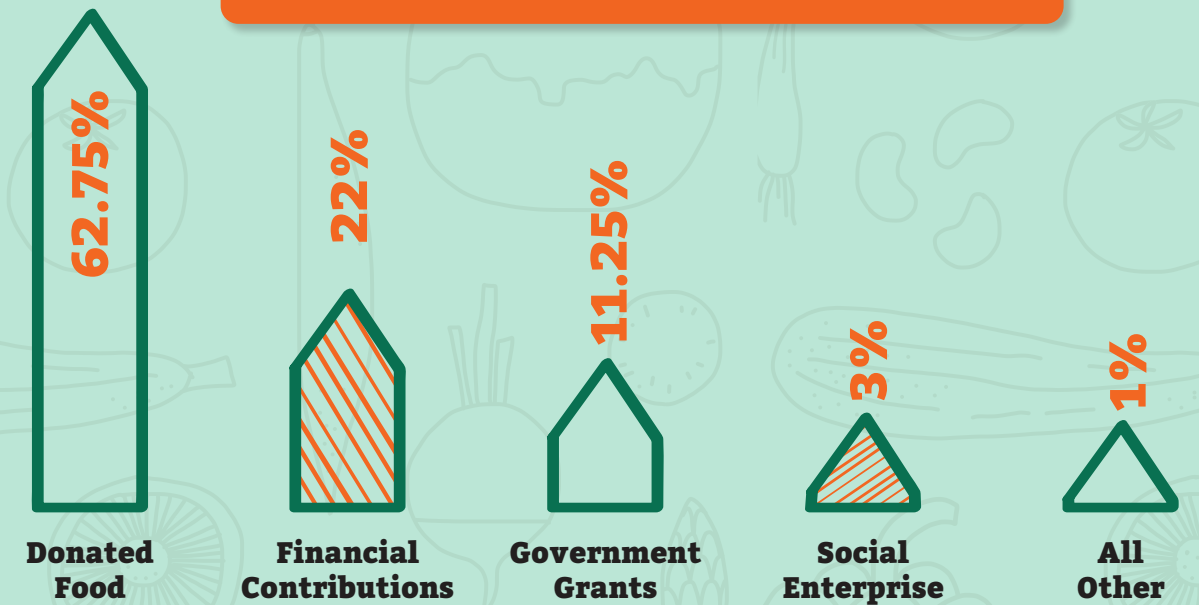
WHERE OUR FOOD GOES



WHERE OUR FUNDING COMES FROM



WHERE OUR RESOURCES COME FROM





**Second Harvest Food Bank
of Middle Tennessee**

331 Great Circle Road
Nashville, TN 37228
secondharvestmidtn.org

Non-Profit Org
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37129

Our Mission

To feed hungry people and
work to solve hunger issues
in our community.



Learn more at secondharvestmidtn.org



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