

# TABLE TOPICS

Fall 2022



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MEMBER OF  
**FEEDING  
AMERICA**



# Kids Have the Ingredients for Success Thanks to YOU



Dear Friend,

I've always thought fall was the best time of year in Tennessee. The weather cools down, and routines return after the chaos of summer.

I used to especially look forward to sitting down with my family every evening to eat dinner and talk about our day. But families that can't afford enough food might not experience dinnertime the same way.

Households most impacted by rising inflation are having to cut food budgets to be able to provide children with expensive back-to-school necessities, like clothes, shoes, and school supplies. For many parents struggling to make ends meet, going back to school can be a very stressful time of year.

Second Harvest Food Bank of Middle Tennessee is here to help fill the gaps in nutrition for children, families, and seniors. This fall, we're launching the Power of ONE challenge to empower every single one of us – you, me, and our whole community – to take action, which can lead to great change.

I hope as you read our latest issue of *Table Topics*, you'll keep in mind the potential one person and one action can have in countless Middle and West Tennessee lives.

Thank you for taking the time to catch up with Second Harvest and for truly caring about the well-being of our neighbors.

Sincerely,

Nancy Keil  
President & CEO

## OUR MISSION

WE PROVIDE FOOD TO PEOPLE FACING HUNGER AND WORK TO ADVANCE HUNGER SOLUTIONS.

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Find past issues of our newsletter and donor acknowledgment page at [secondharvestmidtn.org/news-room](https://secondharvestmidtn.org/news-room)

Your suggestions and comments for *Table Topics* are always appreciated! Please send an email to [news@secondharvestmidtn.org](mailto:news@secondharvestmidtn.org)



# You Take Pressure off Families Facing Hunger



ANGELA, 5, SQUEALS WITH DELIGHT AT A SECOND HARVEST MEAL DISTRIBUTION AT GLENVIEW ELEMENTARY SCHOOL IN NASHVILLE.

Angela is 5 years old and very excited to go back to school this fall. She attends Glenview Elementary School in Nashville, where she loves her teachers and playing with her friends.

In fact, Angela loves her teachers so much that she wants to be a teacher too. “They’re nice and make people happy,” she says. “I love school!”

Second Harvest offers pantries at schools like Glenview Elementary where students and parents like Angela and her mom, Aura, can pick up prepared meals and other necessities.

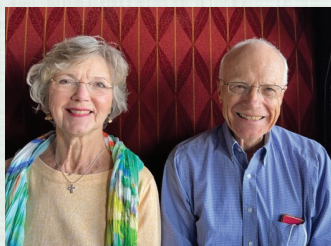
Aura is so appreciative of the food her family receives, and Angela is always overjoyed when she’s handed a grocery bag heavy with packaged meals, ready to take home.

“This smells yummy!” Angela squeals with delight.

Angela loves her teachers so much that she wants to be a teacher too. “They’re nice and make people happy,” she says. “I love school!”

Your generosity does so much to relieve families like Angela’s of the pressure faced by countless households now that the cost of living is rising. Thanks to you, Middle and West Tennesseans who would otherwise be at risk of missing meals have the food needed to thrive.

“Thank you, thank you, thank you!”



## Second Helpings Donors Make a Difference 365 Days a Year

From the earliest days of their marriage, Ralph and Harriette Shivers have supported local food banks in communities where they lived. They were always there to step in whenever people in their community were in need.

After attending Lipscomb University, Ralph had a successful career in construction in Virginia. And once most of their children were grown, Harriette began Law School at the age of 43. Together the Shivers

have a family of six children and now are proud grandparents of nine grandchildren. They are grateful to have good health and adequate finances that they are able to share with others. Since moving back to Nashville 14 years ago, the Shivers have been making a year-round impact through Second Harvest as Second Helpings monthly donors.

“The need for food is 365 days per year three meals a day,” Harriette says. “Why not support Second Harvest with a regular sustaining gift?”

You can join the Shivers family as Second Helpings monthly donors at [secondharvestmidtn.org/monthly](https://secondharvestmidtn.org/monthly) or by contacting Jennifer Jackson at 615-627-1583 or [Jennifer.Jackson@secondharvestmidtn.org](mailto:Jennifer.Jackson@secondharvestmidtn.org)





# You're Filling Hearts & Growing Minds This Fall

## News Briefs

### NEWS 2 FOOD 2 FAMILIES

AUG. 24 - OCT. 31

Second Harvest is partnering with WKRN News 2 once again for the annual Food 2 Families school food drive. All schools and grade levels are encouraged to participate. It's an opportunity not only to help our local schools, but to teach children they can make a difference. In 2021, 29 schools collected 276,602 pounds of food. Let's set a new record this year! To learn more and register your school, visit [secondharvestmidtn.org/food2families](https://secondharvestmidtn.org/food2families).

### TENNESSEE TITANS FOOD DRIVE

SEP. 25

We're teaming up once again with the Tennessee Titans to tackle hunger! When you arrive to cheer on the home team against the Las Vegas Raiders, bring shelf-stable food and donations to charity drop-off points at Nissan Stadium. In the spirit of friendly competition, we're pushing to beat our previous total of 15,000 meals. Titan up!

### THE POWER OF ONE CHALLENGE

MONTH OF SEPTEMBER

In Middle and West Tennessee, 1 in 8 people face hunger. That's a lot to carry, so let's lift together as one. This fall, join The Power of ONE Challenge, a movement to show that when we come together and each contribute one action – whether donating money, food, or time

– that's when we see progress. That's the power of togetherness. That's the Power of ONE. Visit [secondharvestmidtn.org/PowerOfOne](https://secondharvestmidtn.org/PowerOfOne) to join the challenge and make an impact that multiples to help end hunger in our community.

### NASHVILLE PREDATORS FOOD DRIVE

NOV. 12


The Nashville Predators are huge champions in the fight against hunger!

We'll be at the Bridgestone Arena collecting food and monetary donations with help from Smile Direct Club volunteers on Saturday November 12th. Come watch the Preds take on the Rangers and bring your donation to fight hunger here in Middle and West Tennessee. Please visit our website for more information.

### YOU DID IT!

You showed us your big hearts through your overwhelming response to the Hunger Free Summer \$500,000 matching gift challenge, an effort to provide 5.5 million summer meals for hard-hit families. Because of you, children across Middle and West Tennessee received the food they needed and are energized for a new school year. Thank you for caring for our neighbors experiencing hunger during the tough summer months.





KION AND KISON, 11, ARE TWIN BROTHERS WHO ATTEND THE SECOND HARVEST AFTERSCHOOL MEAL PROGRAM AT MADISON COMMUNITY CENTER. THE TWINS HAVE DIFFERENT INTERESTS, BUT THEY DO AGREE ON HOW MUCH THEY LOVE THE SNACKS THEY RECEIVE FROM SECOND HARVEST.



LUCKY, 65, OF BEDFORD COUNTY IS RETIRED AFTER A 38-YEAR LONG CAREER WITH TYSON FOODS. LUCKY ALWAYS TRIES TO HELP OTHERS, BUT WHEN HE NEEDED A LITTLE HELP HIMSELF, HE TURNED TO A MOBILE PANTRY AT JOURNEY OF HOPE MINISTRIES, A PARTNER OF SECOND HARVEST.



SANDY, A MOBILE PANTRY VOLUNTEER AT THE CHURCH OF HARPETH HEIGHTS LOVES SERVING OUR NEIGHBORS AND PROVIDING FRESH FOOD FOR OUR COMMUNITIES.



BRIDGETTE AND HER HUSBAND ARE CATTLE FARMERS OUTSIDE WAYNESBORO WHO'VE BOTH HAD TO TAKE ON SECOND JOBS AS THE PRICE OF CATTLE HAS DROPPED. THEY'RE STRUGGLING TO KEEP THE FARM AFLOAT AND ARE SO GRATEFUL TO HAVE HELP BUYING FOOD.



CANDICE, 38, WORKS FULL-TIME AND IS SAVING UP TO MOVE INTO A PERMANENT HOME. SHE'S THANKFUL FOR THE FOOD SHE RECEIVES FROM SECOND HARVEST BECAUSE IT HELPS HER GET CLOSER TO HER GOAL OF HAVING STABLE HOUSING.



# Nashville Businessman Honors His Father

“You may not be able to change the entire world, but you can help.”

Successful businessman and philanthropist Bill Yeaman was born and raised in Nashville and remembers when “there was only one tall building downtown...and the city’s population was only about 230,000.”

His very first job was delivering newspapers, and he credits his parents, especially his father, Sumpter Yeaman — an L&N train engineer — for raising him with a strong work ethic that led to a prosperous career. Bill later worked for and ultimately owned Acton Mobile Industries — a company

that offers modular space rental services.

“My father worked for 33 years as a train engineer over at the Radnor Yards off Harding Place and he died 11 days after he retired,” said Bill. “He was a hardworking family-man. He never got to see or experience my success, so I created the Sumpter Yeaman Charitable Foundation in his honor when I retired.”

In 2020, Bill and his foundation granted Second Harvest Food Bank of Middle Tennessee \$300,000 toward Ms. Cheap’s Penny Drive. He was inspired by the food bank’s response to the March 2020 tornadoes and the

ongoing pandemic. He went on to donate an additional \$300,000 the following year.

“It felt like it was the right time and the right cause,” Bill said of his decision to support Second Harvest. “No one in our community should go hungry — especially children. Second Harvest has a great reputation and I wanted to help.”

For Bill, his generous donations are less about him and more about honoring the legacy of his father.

“If it weren’t for the support I received when I was young, I would never be able to make these contributions now,” said

Bill. “I know my father and mother are smiling down on me. This is for them.”



## Donna Honors Her Husband Through a Donor-Advised Fund



Jimmy Stevenson dedicated his life to creating a legacy of hard work and demonstrating the importance of giving back. After Jimmy tragically passed

away in a motorcycle accident, Donna, his wife of 42 years, began spending most of her time volunteering in her community and doting on her six grandkids.

Donna was first introduced to Second Harvest through Green Hill Church in Mt. Juliet, a Partner Agency of Second Harvest that hosts a pantry for the community and serves 80 children every week

through the Backpack program.

After consulting with her financial advisor, Donna decided the best way to support local charities while also reducing her tax burden was to create a Donor-Advised Fund (DAF). In her husband’s memory, Donna created

the Jimmy and Donna Stevenson Charitable Fund and chose to support Second Harvest.

She says, “It has amazed me how [Second Harvest] can touch so many lives and feed a multitude of people in our community each week.”

**To learn more about how a DAF can help you do some good in your community, please reach out to Marian Eidson at 615-627-1564 or [Marian.Eidson@secondharvestmidtn.org](mailto:Marian.Eidson@secondharvestmidtn.org)**



RHONDA AND CINDY GIVE THANKS FOR YOUR SUPPORT THAT KEEPS THEIR GRANDCHILDREN HAPPY AND HEALTHY.

A photograph of two women, Rhonda and Cindy, and a young child standing outdoors in front of a chain-link fence. Rhonda, on the left, is wearing a pink t-shirt with the University of Tennessee logo. Cindy, on the right, is wearing a pink jacket over a black shirt. The child, in the center, is wearing a dark jacket with 'MONSTER SQUAD' written on it. The background shows a grassy area and a building behind the fence.

## Rhonda and Cindy Raise Three Grandkids with Your Help

**R**honda and Cindy are remarkable women who have formed a non-traditional support system for their grandchildren. The women are former in-laws and have been raising their shared grandkids (ages 6, 8, and 12) under the same roof in Pulaski for the past four years.

Each of these amazing grandmothers stepped up in a huge way to put the children first.

Rhonda and Cindy both live on limited fixed incomes, and the financial strain of feeding three children while keeping up with bills is difficult both physically and emotionally.

“We do what we can,” says Rhonda. “It’s rough at our house right now.”

Inflation and the rising cost of living are limiting what Rhonda and Cindy can afford. The back-to-school season makes it even harder with young children at home.

But thanks to generosity from friends like you, Second Harvest’s drive-through Mobile Pantry at the Temple of

Praise in Pulaski helps Rhonda and Cindy access healthy food for their family.

“You are a godsend,” Rhonda says about your donations to Second Harvest. “Keep it up, because there are grandmas out there like us that don’t have any other place to go.”

At food distribution sites like this one, Second Harvest provides fresh produce, dairy, protein, and healthy snacks. This nutritional resource is essential so kids going back to school have the balanced meals they need to learn and thrive.

“Thanks to all who are giving what they can to help us and other families just trying to get by,” says Cindy.

“It may be hard, but these are my grandkids, and I would do whatever they need.”



# Chanel's Excited to Head Back to School

Chanel is an 8-year-old rising fourth grader at Purpose Preparatory Academy in Nashville. From her experience trying to do schoolwork on an empty stomach, Chanel knows the importance of eating enough healthy food to power her brain.

"If I haven't eaten all day – haven't eaten breakfast or anything – and I am doing my homework, I won't be able to focus," she shares.

And it takes a lot of focus to learn about what she loves most. "My favorite subject is math. It's fun to do division, subtraction, and addition."

This spunky math whiz and her mom are really looking forward to school starting back. In the fall, Chanel can once again enjoy school meals and

**"I really like it there. It's really cool!"**

attend her afterschool program, a Second Harvest At-Risk Afterschool Meal site at Madison Community Center.

The extra cost of providing 10 additional meals per week in the summer, combined with the expense of going back to school in the fall, puts a major dent in a lot of families' grocery budgets.

At the afterschool program, Chanel eats healthy snacks plus full, balanced meals.

"I really like it there," Chanel says, referring to Madison Community Center. "I have met a lot of new friends. I play basketball and do my homework. It's really cool."

Thank you for giving so generously to ensure kids like Chanel have access to nutritious food every day of the week. Your support is promising a bright future for Middle and West Tennessee kids, and our entire community.



Second Harvest Food Bank of Middle Tennessee  
The Martin Distribution Center  
331 Great Circle Road  
Nashville, TN 37228  
[secondharvestmidtn.org](http://secondharvestmidtn.org)

To learn more about getting involved, join our online community  
@2HarvestMidTN



Or visit us online at  
[secondharvestmidtn.org](http://secondharvestmidtn.org)



# Thanks to our **DONORS!**

Second Harvest is so grateful for last quarter's extensive community support.

Thanks to all of you for your volunteer hours, financial contributions, and donated food, goods, and services!

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