

ANNUAL REPORT

2022-2023



Second Harvest Food Bank
of Middle Tennessee's
mission is to provide food to
people facing hunger and work
to advance hunger solutions.



LETTER FROM THE PRESIDENT & CEO

In a year marked by both challenges and triumphs, our lessons from the past have paved our path for the future. Whether it was lending steadfast support to those affected by natural disasters or navigating supply chain disruptions right at our doorstep, the unforeseen has become our new familiar. Yet, throughout it all, Second Harvest Food Bank of Middle Tennessee has remained a steady beacon of hope and change.

Our persistent dedication shone through as we navigated every hurdle, with the neighbors we serve always at the heart of our actions. As Middle and West Tennessee evolve and grow, our approach has mirrored that change. We've introduced culturally relevant food boxes, recognizing that food is more than just sustenance—it's a connection to one's heritage and a source of comfort. A nourishing meal serves as a testament to a person's cherished place in our community.

Within these pages, you'll discover the remarkable achievements made possible by your contributions. Stories of families touched by our efforts underscore your profound impact. Families like Stephanie's, who faced challenges after a job loss and her husband's heart condition diagnosis made it hard to make ends meet, or Jesse's, an aspiring veterinarian who fuels his future at an Afterschool Meal Program. Every donation, whether it's money, time, or food, acts as a lifeline for our neighbors in need.

Our strategic partnerships and your unwavering support have driven our vision. Notably, the generosity of the Sumpter Yeaman Charitable Foundation has greatly enhanced our in-house Market. It is now aptly named the Sumpter Yeaman Charitable Foundation Market. This enhancement allows our Partner Agencies to secure hard-to-find food items, including dairy, protein, and fresh produce.

To all our stakeholders from our dedicated team and board, to our generous donors and irreplaceable volunteers, to our Partner Agencies - your continuous support is the bedrock of our achievements. It's the essence of community and collaboration that amplifies our role in battling hunger. Middle and West Tennessee's dedication to this cause fuels our passion, and we sincerely say: without you, our mission wouldn't be possible. Our gratitude is boundless, and as we step into the next fiscal year, we do so with hope and a renewed spirit.

Second Harvest will remain committed to the priority of stabilizing households with nutritious foods to eliminate food insecurity. In 2024, we will embark on a bold vision to further amplify our work by leveraging partnerships to tackle root-causes of food insecurity and to advance hunger solutions. This work will be informed by the voices of individuals in the communities we serve.

We invite you to continue this journey with us, knowing that every step taken is a stride towards lasting change. Rest assured, Second Harvest Food Bank of Middle Tennessee stands resolute in our dedication to our beloved community.


NANCY KEIL
President & CEO



HOW WE WORK

WHERE IT ALL STARTS:

Our food comes from a variety of sources. We receive donated and surplus food from grocery stores, farms, manufacturers, distributors, and individuals. We then bring the food to one of our three facilities where it's inspected and sorted by volunteers, then safely stored for future distribution.

WHAT WE DO:

Storing and delivering food safely is a complex undertaking, requiring warehouse space, refrigerated trucks, fuel, drivers, and so much more. In addition to accepting surplus food, we also raise funds and write grants to buy food at bulk prices, fund feeding programs, and cover operating costs.

WHO IT GOES TO:

Our Partner Agencies and Program sites include children's feeding and congregational meal sites, food pantries, shelters, youth programs, senior centers, and other partners that provide food to people facing hunger. Each community agency has unique needs. We send them as much food as they can safely store, and the right types of foods to keep their clients healthy and happy. Together, we're fighting hunger and Feeding Hope.

WHY WE'RE INDISPENSABLE:

We rescued over 11.6 million pounds of safe to eat food that would have otherwise ended up in a landfill. Thanks to our donors and volunteers, we have the space and the workforce to manage large shipments, break them into smaller units, and send them at the right time and in the right quantity to our network of Partner Agencies across 46 counties.



FEEDING PROGRAMS

AT-RISK AFTERSCHOOL MEAL PROGRAM

Second Harvest sponsored nine At-Risk Afterschool meal programs and provided over 33,000 meals to participating children during the school year. The program runs for 10 months during the school year and food costs are reimbursed through the Child & Adult Care Food Program (CACFP).

BACKPACK PROGRAM

The Backpack Program provides easy-to-prepare food for at-risk children on weekends and during school breaks when other resources are unavailable. More than 8,500 children received Backpacks each week.

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

CSFP works to improve the health of low-income senior adults by supplementing their diets with nutritious USDA Foods. Managed by Second Harvest in Davidson County, CSFP is a USDA-funded program that provided a monthly food box to more than 1,900 participating seniors living on a fixed income.

EMERGENCY FOOD BOX PROGRAM

The Emergency Food Box Program provides food assistance to individuals and families on an urgent-need basis through 11 sites in Davidson County. More than 1.4 million meals were provided through the program, which included two to three days of staple food items based on the number of people in the household.



HARVESTING HOPE AT SMILEY'S FARM

Smiley's Farm in Robertson County has been providing Middle Tennessee with fresh produce since 1805. Now, with Second Harvest and the LFPA Grant, Troy Smiley is able to practice his ethos - no one should go hungry, and everyone deserves access to fresh, healthy food. "I like getting people good food," he emphasizes.



BETTE'S ANGEL

Struggling when the pandemic erased her income, Bette was hospitalized, and unable to afford food.

"All my savings went into bills," Bette recounts.

Discovering the Commodity

Supplemental Food Program restored her health. She eagerly anticipates our visits, stating, "I've had guardian angels along the way, and I consider Second Harvest to be one of my angels."

FARM TO FAMILIES

The Farm to Families Program engages farmers and Partner Agencies to supply locally grown, nutritious produce to those in need, ensuring less food goes to waste. The Local Food Purchase Assistance (LFPA) grant has made it possible for Second Harvest to provide fresh, nutritious foods to our neighbors, showcase regional producers, and strengthen our local economy. In 2023, Second Harvest supported 23 counties, 46 Partner Agencies, and purchased from 50 local growers and producers through the LFPA grant.

GROCERY RESCUE PROGRAM

Second Harvest rescues, sorts, and distributes frozen meat, dairy, produce, and dry groceries from 314 grocery stores and food donors. The Grocery Rescue Program rescued 11.6 million pounds of safe to eat food that would have otherwise ended up in a landfill.

HEALTHCARE

Our healthcare programs are vital in addressing the intersection between hunger and health. We have food pharmacies at select federally qualified health clinics that provide nourishment to neighbors who struggle with food insecurity. In addition to food, they are equipped with other necessary wraparound services to address all social determinants of health.

KIDS CAFE

Kids Cafe provides free meals, snacks, and nutrition education to children facing hunger through a variety of community programs during the school year and in the summer months. More than 33,000 meals and snacks were distributed last year.

MOBILE PANTRY

Second Harvest coordinates large-scale, one-day distributions with Partner Agencies to provide food directly to individuals and families in need. A typical Mobile Pantry provides a family with several days of groceries. More than 138,000 individuals received assistance through this program.

NUTRITION OUTREACH

The Nutrition Outreach program, led by our Registered Dietitian and dietetic interns, offers poverty-conscious nutrition education, recipes, and cooking classes to neighbors. Additionally, our Partner Agencies are trained in the client choice model and Healthy Eating Research Nutrition Guidelines, which teach them to prioritize making nutrient dense foods available and ensures neighbors have a choice in the foods they receive from the pantry.

PARTNER AGENCIES

Second Harvest distributes food and other products to more than 420 community Partner Agencies in Middle and West Tennessee. Partners include food pantries, congregate meal sites, shelters, youth programs, and senior centers.

METRO PD FIGHTS HUNGER

Metro Nashville Police Officers organized a Mobile Pantry in Davidson County, providing fresh fruits, vegetables, and shelf-stable essentials to approximately 300 households. This event emphasized community engagement and support in the area.

PROJECT PRESERVE®

Project Preserve® leverages economies of scale, manufacturing, and logistics expertise to provide a comprehensive co-op and manufacturing program for Partner Agencies and the Feeding America food bank network. Project Preserve® provides fully assembled custom disaster relief and feeding program boxes. In addition, our USDA inspected manufacturing facility produces nutritious boil-in-a-bag meals as well as tray-pack meals for our onsite feeding programs.

SCHOOL FOOD PANTRY PROGRAM

The School Food Pantry Program increases food access for school children and their families. School-based pantries have a permanent residence within a school, where food is distributed to children and their families as-needed. Over 311,000 meals were provided through 48 sites.

SENIOR NUTRITION PROGRAM

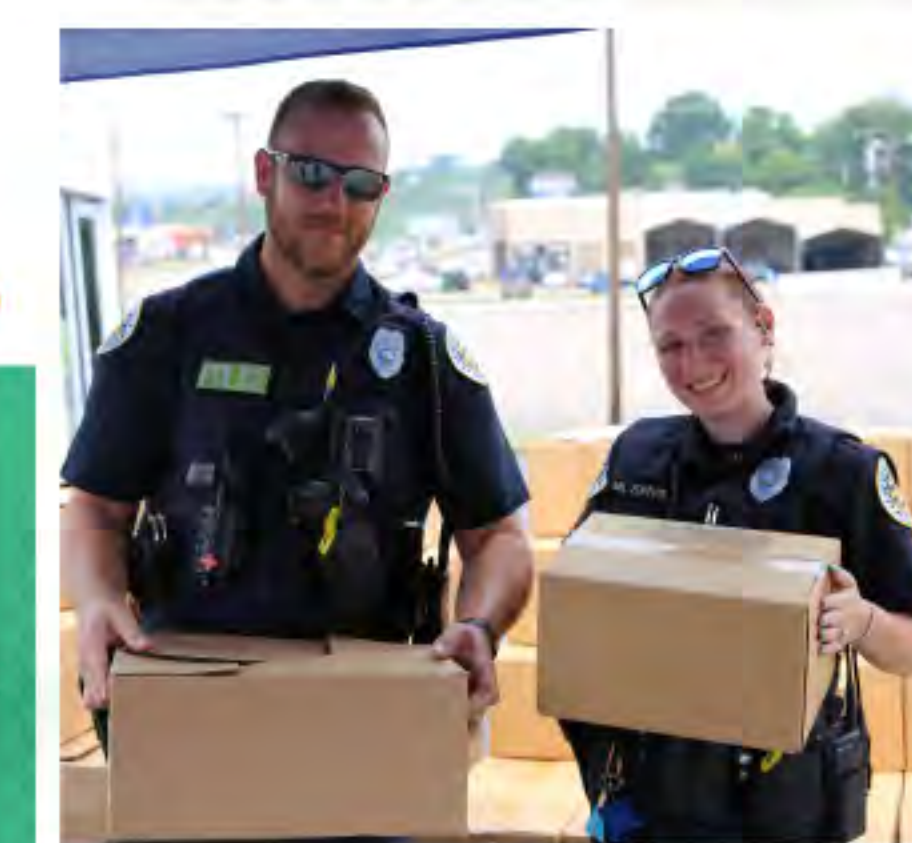
The Senior Nutrition Program provides low-income senior adults with food resources that are nutritious, easy-to-prepare, and shelf-stable. The food is distributed weekly or monthly depending on the senior's needs.

SUMMER FOOD SERVICE PROGRAM (SFSP)

Second Harvest sponsors SFSP at sites throughout Middle and West Tennessee each summer. Through this program, we provided more than 5,000 breakfasts and lunches in the summer of 2023 to help ensure children facing hunger continued to receive nutritious meals when school is not in session.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) OUTREACH

Second Harvest offers SNAP outreach and application assistance at our Emergency Food Box sites, Mobile Pantry distributions, and Partner Agency locations. We share information about the benefits and provide prescreening for people who may qualify. Nearly 1,100 SNAP applications were completed by providing direct client assistance.



STORIES OF HOPE

WITH YOUR SUPPORT, BROOKLYN'S JOURNEY IS POSSIBLE

Brooklyn, a devoted 7th grader, can dive into every challenge thanks to a Davidson County Kids Cafe. Whether on the softball field, debating, or playing her saxophone, her passion is evident. She excels in geometry, but equations with letters are a new challenge she embraces. With ADHD, she's mindful of her diet to help her stay focused. Her staple cheese crackers and fruit bars ensure she's always ready to learn in class. Recognizing some peers might lack lunch, the school's snacks provided by Second Harvest are a lifeline. **"It is important for our school to say they love our kids,"** Brooklyn says, **"and this food is how they can say it."**



"Thank you for blessing our family. Hopefully one day we'll be able to bless another family like you have blessed us," she smiles.



STEPHANIE FINDS STRENGTH AND SUPPORT WITH SECOND HARVEST

Stephanie's life took a hit when she lost her job, and her husband, with a genetic heart issue, began to have frequent fainting spells and could no longer work. Worried he'd collapse during daily tasks, Stephanie took on the role of caregiver to him and their two young daughters. **"It's been a rollercoaster these past years,"** Stephanie expresses. **"I tried to hide my struggles from the rest of my family, but when you're eating only rice and beans, they notice."** With finances strained, they found relief in a Second Harvest Mobile Pantry located in Rutherford County, suggested to her by her sister. **"We went without food when I was a kid. But I don't want my kids to feel that,"** she confides. Stephanie's now employed, and her husband cares for the kids.

LEDELL'S SERVICE CONTINUES

Ledell served in the Army for 24 years and has had an illustrious career, stationed in numerous locations including Germany and Vietnam. After retiring, he worked as the Food Manager for the Tennessee Department of Corrections for over a decade. Now, enjoying his pension, Ledell spends time composing poems for his church and caring for his family, including Rosy and their three grandchildren. Despite his achievements, food remains a concern for Ledell's household, especially with growing kids aged 10, 11, and 13.

"Yes, this is very helpful. I've been getting food from here for 10 years... It's a great help! A big help!" He shares his experiences with a Second Harvest Partner Agency in Montgomery County with gratitude.



YOUR SUPPORT HELPS NANCY AND CARLOTTA FIND RELIEF

Nancy, a dedicated nurse of 15 years, faces mounting medical concerns alongside her daughter, Carlotta. **"We've had a lot of medical problems - the baby and I. This has helped. Thank you,"** she acknowledges. With surgeries lined up and substantial bills, every bit of assistance is invaluable. She adds, **"You never know when you'll be in need."** She is thankful for the Second Harvest Mobile Pantry she visits in Davidson County to support her and her family.

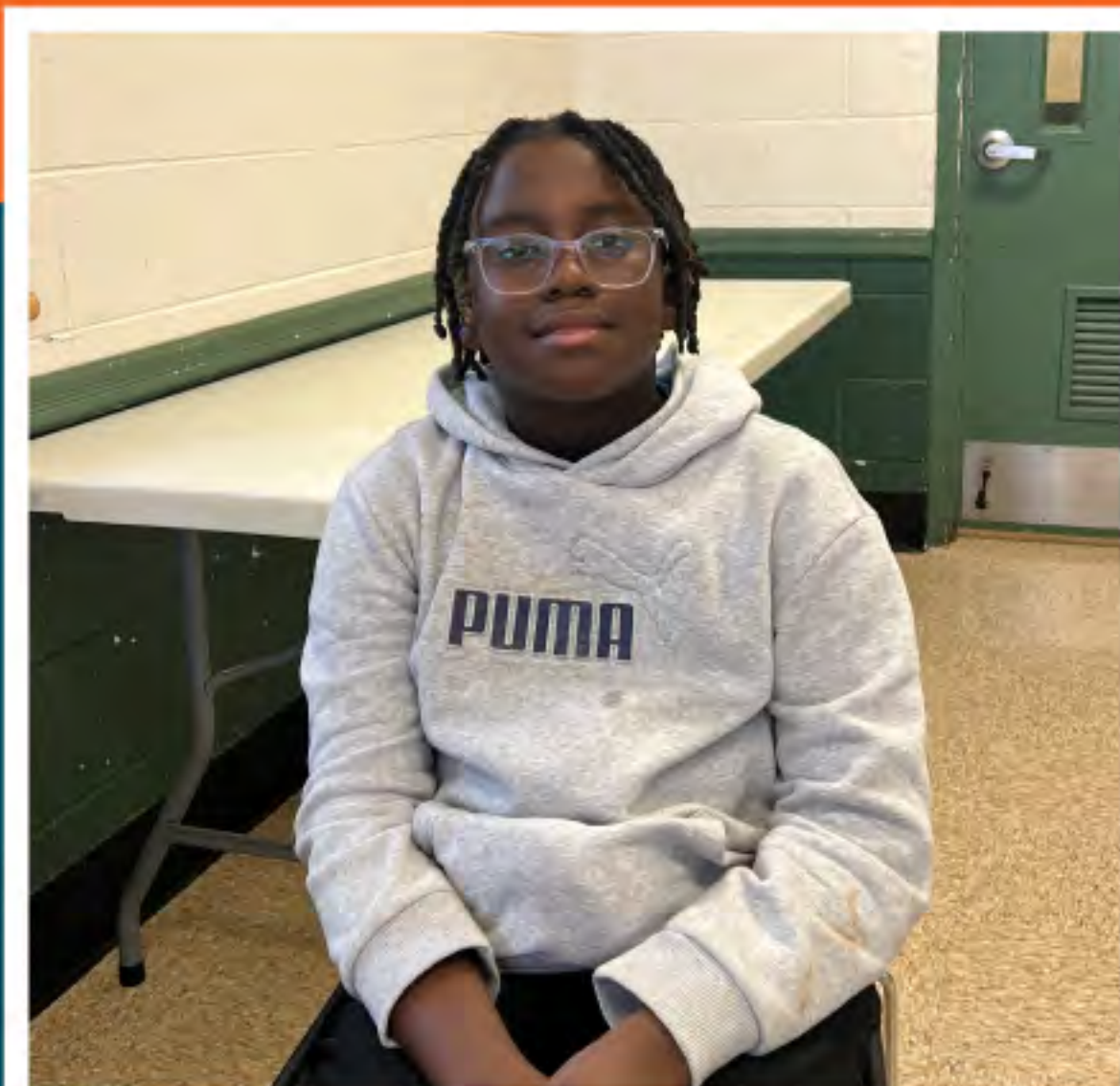
YOU MAKE JESSE'S DREAMS POSSIBLE

Jesse, with a heart full of summer joys, finds solace at an Afterschool Meal Program at Big Sandy CCOC, a Second Harvest Partner Agency, in Benton County. Being an outdoor enthusiast, he not only enjoys playtime at Big Sandy, but also the nutritious meals he needs to stay energized throughout the day. **"I like the lunch and snacks they give us here,"** he comments, adding also his aspirations to become a veterinarian fueled by his love for his pets.



Scan the QR code with your smartphone's camera to see more Stories of Hope.

OUR IMPACT



MILES

Miles, a spirited student in **Davidson County**, eagerly awaits the end-of-day bell to head to a Second Harvest Afterschool Meal Program. His top picks? Chips, Scooby snacks, or his favorite fruit cups brimming with nutrients and vitamins. **"When I eat fruits and vegetables, it wakes me up and gives me energy and helps me not get tired at the end of the day,"** he shares. Thanks to his passion for drumming in the school band, and aspirations to join the track team come spring, every snack Miles chose was more than just food. It is the fuel he needs to keep his love for music and sports alive throughout the day.



42.7 M
Pounds of Food Distributed



38.9 M
Meals Provided



68,412
Hours Generously Donated
by Dedicated Volunteers



222
Mobile Pantries



46
Counties Served

Second Harvest Food Bank
of Middle Tennessee
Nashville

Nacarato
Distribution Center
Smyrna



13.7 M
Pounds of Fresh
Produce Distributed



96 ¢
Of Every Dollar Donated Goes
Directly to Feeding Programs



HENRY

Henry cherishes his **Wayne County** roots, having spent his life in the same house and working as a brick mason in town. **"You work hard, and you try to save, but my money just doesn't go as far as it used to,"** he shares. With the rising costs of groceries and living, making ends meet on his fixed income has been tough. Thankfully, a Second Harvest Mobile Pantry steps in, offering Henry the help he requires. **"This food comes in handy and helps me save money, so I can pay my bills,"** he says gratefully. As he leaves the Mobile Pantry, Henry expresses his heartfelt thanks, **"I am just so thankful to everyone who donates to make this happen,"** emphasizing, **"I really appreciate it."**



MARIA

Maria and her husband receive vital food donations that were made possible with your support at a **Bedford County Mobile Pantry**. Despite her new job, her husband's work hours are limited during the winter, so making ends meet is difficult. Despite that, they're reassured of a meal. Emotionally, she says, **"thank you."**



FIGHTING HUNGER, FEEDING HOPE

SUMPTER YEAMAN CHARITABLE FOUNDATION MARKET DEDICATION

We dedicated our in-house market to longtime partner the Sumpter Yeaman Charitable Foundation, a steadfast supporter of Second Harvest. A dedication ceremony of the newly named Sumpter Yeaman Charitable Foundation Market honored the Foundation's unwavering support of our mission. The newly named Market assists Partner Agencies in procuring essential items to combat hunger in Middle Tennessee while also reducing food waste.



FEED THE NEED

We were privileged to collaborate with the Rotary Club of Nashville for the 21st Feed the Need initiative to nourish over 1,900 families during the festive season. Lisa Ferrelli, Rotary President, expressed, "**Rotarians are people of action. We are thrilled to host our 21st annual Feed the Need event, serving alongside fellow Rotarians as we serve our community.**"

BLUE HERON FARMSTEAD

Brittney from Blue Heron Farmstead has been farming in Tennessee for four years. With no traditional farming background, she was inspired by local farmers to embark on a new path. Today, Blue Heron Farmstead, with help from the LFPA grant, thrives, producing a diverse range of organic produce. Motivated by her desire to feed her community, Brittney shares, "**I've been happy to do it. I never want to see my food go to waste, and this grant has been so important to helping us farmers.**" With a dedication to sustainability and nature, she emphasizes, "**I work with the land, and not against it.**"



STARS FOR SECOND HARVEST

On June 6, we held the 2023 Stars for Second Harvest concert at the historic Ryman Auditorium. Featuring country star ERNEST, we celebrated Craig Wiseman's last year as host of the benefit concert. Supported by American Airlines, the event also showcased Rodney Clawson, Chris Tompkins, and Jake Worthington. **Over \$168,000 was raised to provide food for our neighbors facing hunger.**



DISASTER RELIEF

Thanks to funding from Feeding America and the firm support of our volunteers, Second Harvest promptly responded to Hurricane Ian's devastation in Florida in September 2022. **Over 100,000 Disaster Relief Boxes were packed**, and Partnership Manager, Vivian Bowen, personally assisted in local recovery efforts. During the two weeks she spent in Florida, she saw first-hand the destruction of Hurricane Ian and provided food relief to **800-1,200 households daily.**

GENEROUS HELPINGS

We were thrilled to collaborate with 27 local eateries, restaurants, and vendors as Generous Helpings made its anticipated return after a three-year hiatus. **This year's Generous Helpings, along with Kroger's "Zero Hunger, Zero Waste" commitment, brought in over \$170,000 for our Grocery Rescue Program.** Congratulations to the People's Choice Award Winning Restaurant, TomKats!



FOOD FOR THOUGHT

Second Harvest was honored to host our inaugural "Food for Thought" event of 2023 on Martin Luther King Jr. Day. We were privileged to host Dr. David Holmes, Dean of the College of Liberal Arts and Sciences at Lipscomb University, who enlightened us on Dr. King's enduring legacy and the profound influence his work still has today.



TITANS FOOD DRIVE

The Tennessee Titans rallied on the field, and Titans fans united off the field. **We scored big against hunger by amassing 2,500 pounds of food while also kicking in over \$1,000 in donations – that's nearly 7,400 meals!** This remarkable effort against food insecurity fortified Second Harvest's defense against hunger. Titan Up!



LIFEPOINT PARTNERSHIP

























Lifepoint has partnered with Second Harvest for seven years. This collaboration has allowed Second Harvest to provide **1,120 nutrient-dense, diabetes-friendly tray packs to underserved communities** throughout our service area. A Davidson County neighbor remarked, "**These meals are a tremendous blessing.**" Our tray packs are crucial, not only for addressing immediate nourishment but also, for managing long-term health issues and combating obesity, reinforcing our belief that fighting hunger is about more than just providing food — it's about building a foundation for healthier living.



























PROUDLY SERVING 46 COUNTIES

IN MIDDLE AND WEST TENNESSEE

COUNTY	PARTNER AGENCIES	FOOD-INSECURE INDIVIDUALS	FOOD-INSECURE CHILDREN	TOTAL MEALS PROVIDED
 BEDFORD	11	5,730	1,450	859,418
 BENTON	6	2,530	510	648,291
 CANNON	1	1,930	390	176,519
 CARROLL	3	3,880	880	275,879
 CHEATHAM	4	3,970	620	293,000
 CHESTER	3	1,950	410	170,462
 CLAY	2	1,300	230	102,598
 COFFEE	18	7,810	1,780	3,081,027
 DAVIDSON	117	73,360	20,760	9,874,420
 DECATUR	3	1,640	310	197,081
 DEKALB	4	2,970	630	357,791
 DICKSON	5	5,690	1,060	573,402
 FRANKLIN	4	5,470	1,150	402,119
 GIBSON	8	6,300	1,760	625,603
 GILES	6	3,420	740	437,629
 HARDIN	4	3,690	750	414,229
 HENDERSON	7	3,630	710	339,108
 HENRY	6	4,730	1,130	423,705
 HICKMAN	2	2,920	520	484,290
 HOUSTON	3	1,010	170	161,650
 HUMPHREYS	6	2,080	370	568,838
 JACKSON	1	1,710	280	284,316
 LAWRENCE	7	5,870	1,280	511,562
 LEWIS	3	1,900	390	1,053,827

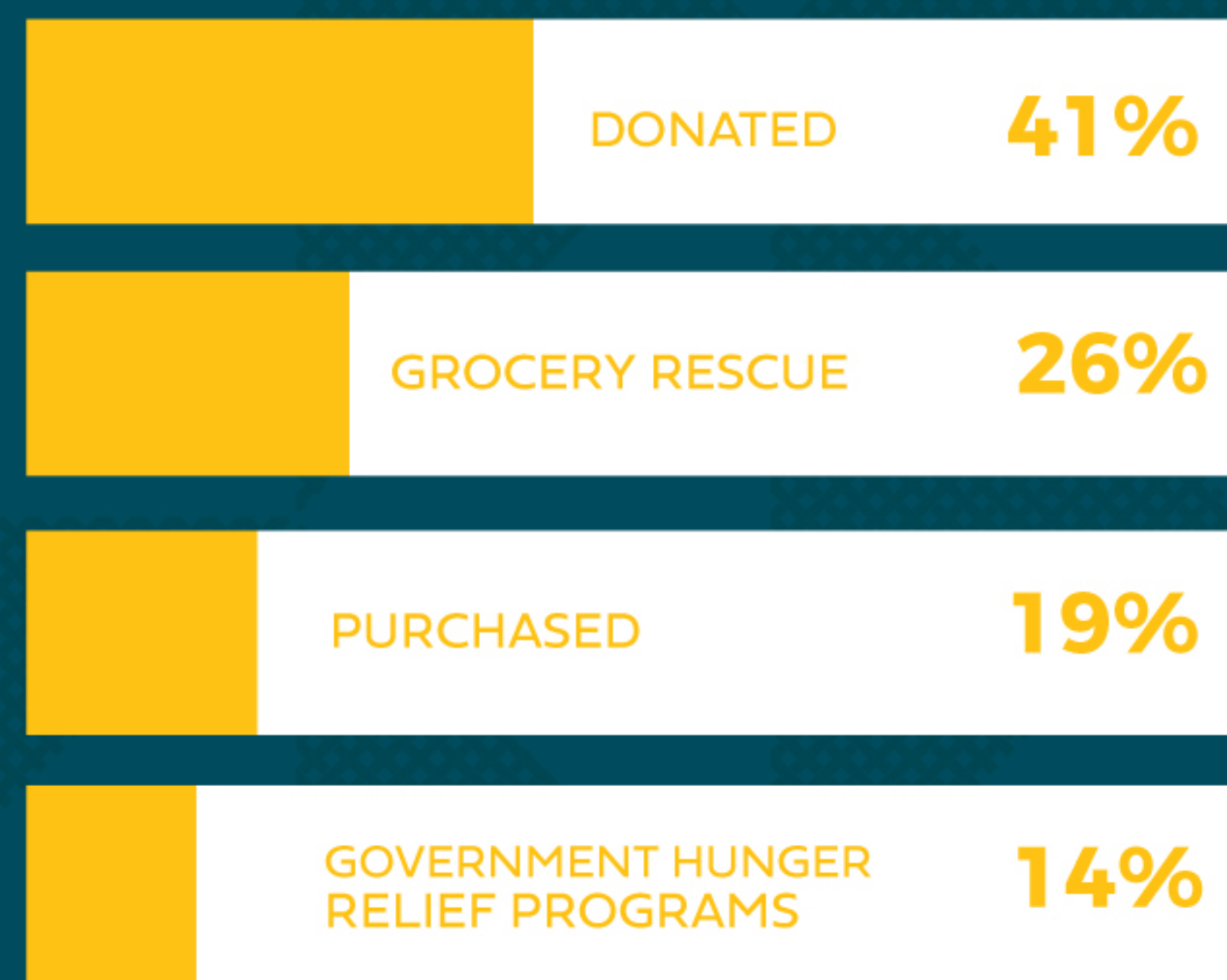
COUNTY	PARTNER AGENCIES	FOOD-INSECURE INDIVIDUALS	FOOD-INSECURE CHILDREN	TOTAL MEALS PROVIDED
 LINCOLN	5	3,770	780	320,828
 MACON	4	3,510	760	321,823
 MARSHALL	4	4,140	910	333,382
 MAURY	19	8,910	2,070	1,224,271
 MONTGOMERY	21	22,780	7,400	2,169,692
 MOORE	1	570	50	45,316
 OVERTON	1	3,000	570	532,718
 PERRY	1	1,390	330	180,529
 PICKETT	1	840	170	62,300
 PUTNAM	21	9,780	1,940	1,082,128
 ROBERTSON	6	7,100	1,600	582,082
 RUTHERFORD	23	28,350	6,520	2,596,509
 SMITH	2	2,320	490	311,697
 STEWART	5	1,620	350	250,585
 SUMNER	20	17,600	3,710	1,825,709
 TROUSDALE	3	1,110	210	125,712
 WARREN	4	6,060	1,530	508,768
 WAYNE	3	2,220	370	216,793
 WEAKLEY	5	4,600	940	340,949
 WHITE	6	3,420	640	348,774
 WILLIAMSON	9	13,320	0	2,194,765
 WILSON	17	12,300	1,960	1,098,775
TOTALS	415	314,200	71,580	38,990,869

FOOD INSECURITY DATA FROM FEEDING AMERICA'S MAP THE MEAL GAP 2020 STUDY, THE MOST RECENT YEAR THE DATA WAS COLLECTED.

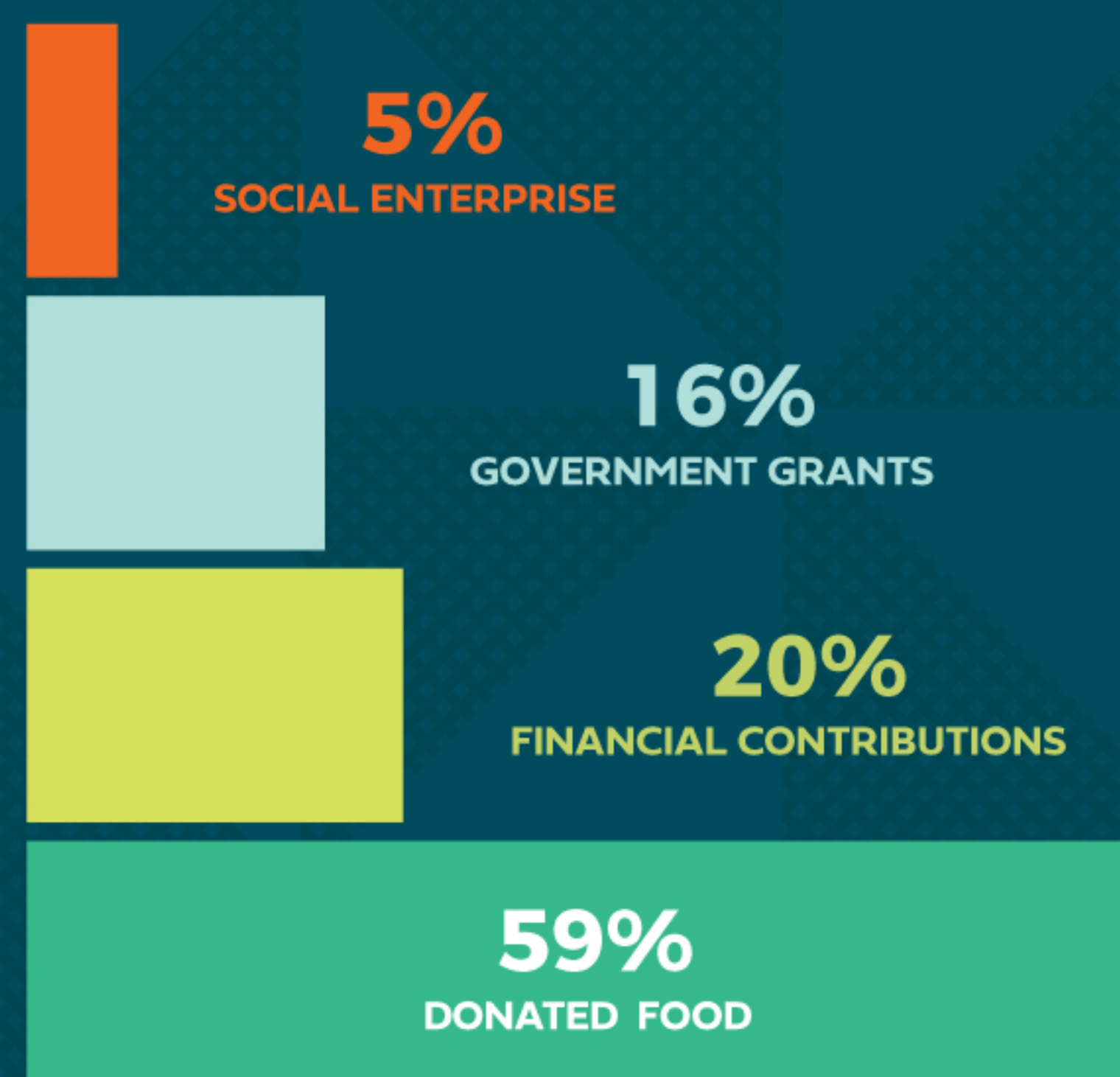


OUR RESOURCES

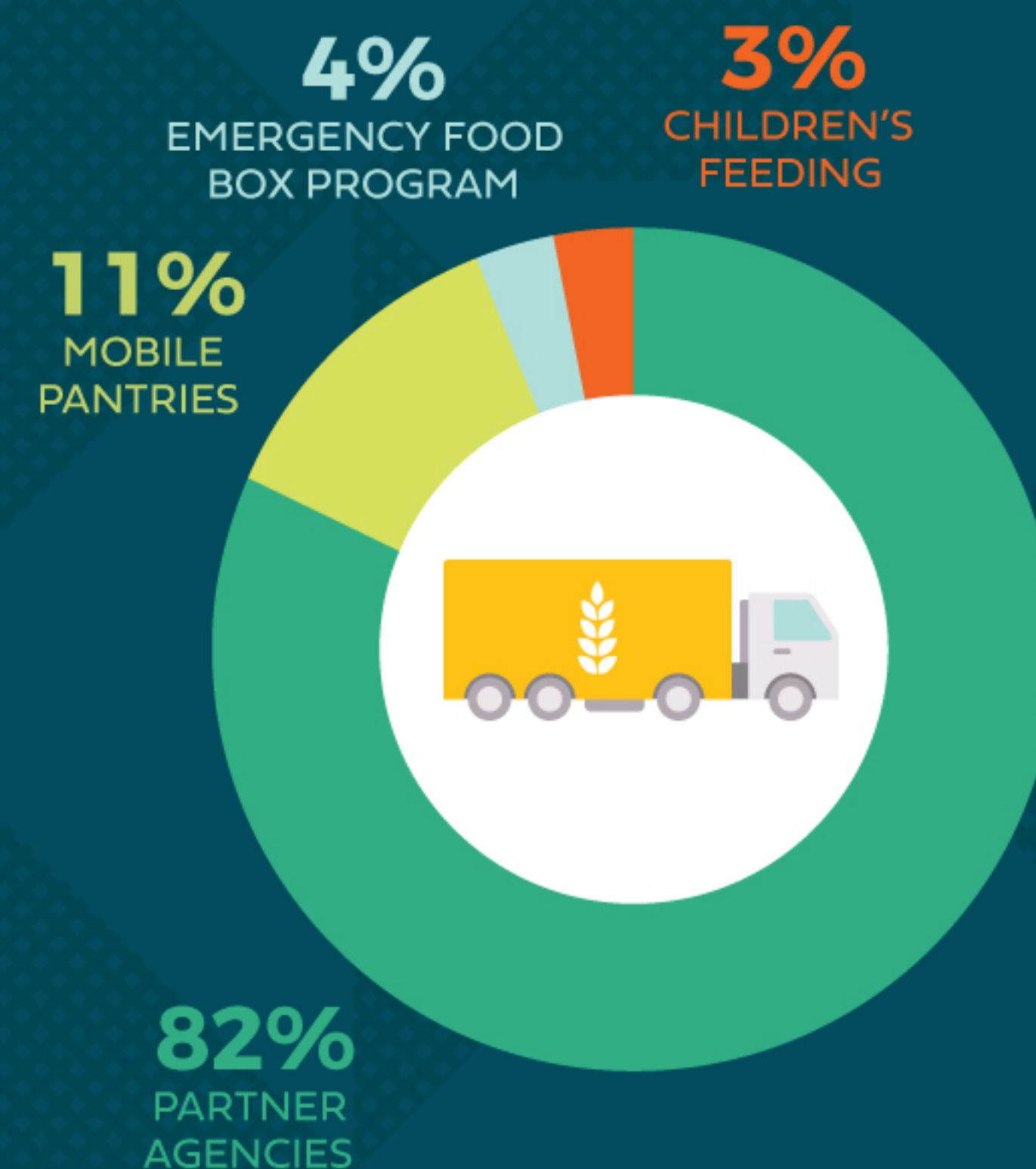
WHERE OUR FOOD COMES FROM



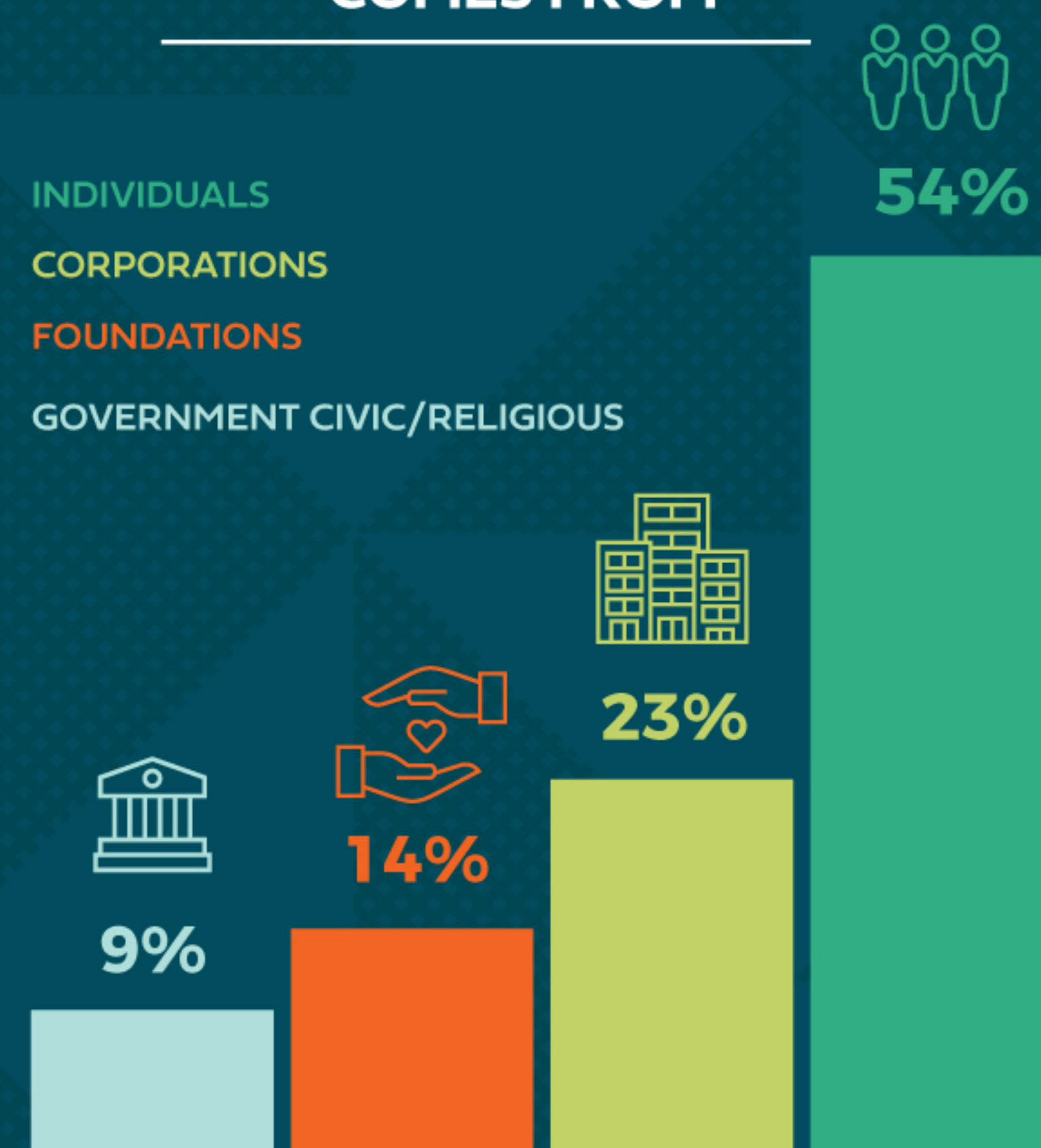
WHERE OUR RESOURCES COME FROM



WHERE OUR FOOD GOES



WHERE OUR FUNDING COMES FROM



STATEMENT OF ACTIVITIES

PUBLIC SUPPORT AND REVENUE	Without Donor Restrictions	With Donor Restrictions	Totals
Donated food	\$55,262,979	\$-	\$55,262,979
Contributions of cash and financial assets	14,676,728	3,551,481	18,228,209
Contributions of non-financial asset	22,402	-	22,402
Government grants - cash	4,891,633	-	4,891,633
Government grants - commodities	9,798,902	-	9,798,902
Special events and activities	418,481	-	418,481
Less: direct benefits to donors	(43,808)	-	(43,808)
Investment income (loss), net	2,170,788	-	2,170,788
Agency transportation reimbursement and other income	333,653	-	333,653
Net assets released in satisfaction of program restrictions	2,337,532	(2,337,532)	-
TOTAL PUBLIC SUPPORT AND REVENUE	89,869,290	1,213,949	91,083,239

REVENUE - PROJECT PRESERVE® PROGRAM	Without Donor Restrictions	With Donor Restrictions	Totals
Sales to out of area network agencies, net of discount	53,095,985	-	53,095,985
Sales to local agencies	4,303,195	-	4,303,195
Donated food	286,662	-	286,662
TOTAL REVENUE - PROJECT PRESERVE® PROGRAM	57,685,842	-	57,685,842
LESS DIRECT COSTS AND EXPENSES - PROJECT PRESERVE® PROGRAM	(53,255,219)	-	(53,255,219)
GROSS PROFIT FROM PROJECT PRESERVE® PROGRAM	4,430,623	-	4,430,623
TOTAL SUPPORT AND REVENUE	94,299,913	1,213,949	95,513,862

EXPENSES	Without Donor Restrictions	With Donor Restrictions	Totals
Program services:			
Emergency Food Box	3,205,115	-	3,205,115
Community Food Partners	66,972,282	-	66,972,282
Children's Programs	2,740,724	-	2,740,724
Mobile Pantry	8,971,015	-	8,971,015
Total Program Services	81,889,136	-	81,889,136
Supporting services:			
Management and general	1,620,941	-	1,620,941
Fundraising	3,933,909	-	3,933,909
Total Supporting Services	5,554,850	-	5,554,850
TOTAL EXPENSES	87,443,986	-	87,443,986
CHANGE IN NET ASSETS	6,855,927	1,213,949	8,069,876
NET ASSETS - BEGINNING OF YEAR	53,500,766	2,295,731	55,796,497
NET ASSETS - END OF YEAR	\$60,356,693	\$3,509,680	\$63,866,373



Second Harvest Food Bank of Middle Tennessee

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secondharvestmidtn.org

Learn more at secondharvestmidtn.org

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