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Thank You for Sharing Hope in Middle Tennessee! AGE

A Hunger Free Summer for Landon! PAGE

Claudean's Family is Thankful for You





You're Protecting Kids from **Summer Hunger**



Dear Friend,

ith summer on our doorstep, focus to the children in our communities.

Kids are especially vulnerable to hunger during the summer months when they lose access to free and reduced-price school meals. Families whose budgets have already been stretched to the breaking point must suddenly provide 10 extra meals per child every week.

On the following pages, you'll read heartfelt words of thanks from some grateful grandparents who are able to make ends meet during these difficult days because of you.

It's only because of your generosity that Second Harvest Food Bank of Middle Tennessee can meet the increased need as people struggle to put food on the table in the aftermath of COVID-19.

I vividly remember a call I received from a worried mom last April when both she and her husband had lost hours at work. They had finally realized that they needed help to feed their family. I could hear the embarrassment in the mother's voice, but that embarrassment turned to relief when I told her she would have dinner for her family that night.

At that time, Second Harvest was partnering with Vanderbilt medical students to deliver food boxes to people in quarantine. Within an hour, a student had left a food box outside the family's home. The mom emailed me the next day to share her overwhelming gratitude.

This story wouldn't be possible without your generous and continued support. These are challenging times, and you're providing the help and hope our neighbors are counting on.

All my best,

Nancy Keil President & CEO

Find past issues of our newsletter and our current donor acknowledgment page online at secondharvestmidtn.org/news-room

Your suggestions and comments for Table Topics are always appreciated! Please send an email to news@secondharvestmidtn.org

OUR MISSION

TO FEED HUNGRY PEOPLE AND WORK TO SOLVE HUNGER ISSUES IN OUR COMMUNITY

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A Hunger **Free Summer** for Landon!

andon is counting the days until he **⊿** gets to play for the Jacksonville Jaguars.

THE PERSON IN

LANDON ENJOYING

SECOND HARVEST

LUNCH FROM

He's only 8 now, but

he already understands that good nutrition is an important part of making his dream come true.

Some days I

friends like you, Landon and other children in his neighborhood can count on receiving healthy meals from the West Nashville Dream Center through our Summer Food Service Program.

"When I get big, I am going to play football," he says. "I am going to eat good food so I can get

But nutritious food is often out of reach for low-income families like his, especially during the summer months.

good and strong!"

With no access to free and reduced-price school meals, parents who were already struggling to put food on the table have to stretch their limited resources even further.

come here, and I eat my food so fast. Those days I must be really hungry.

Thanks to support from

The Dream Center is one of the many partners we'll work with throughout Middle and West Tennessee this summer to bridge the gap for children like Landon who are at risk of hunger.

"Some days I come here, and I eat my food so fast," he says. "Those days I must be really hungry."

This will be a long, hard summer for families who are struggling to afford food, including many who are still recovering from the economic effects of the pandemic.

Ongoing support from caring donors is an important investment in the health and futures of young lives with so much potential. Thank you for making the difference between hunger and health for kids like Landon today and all summer long.



Low Effort, Big Impact

Monthly donors like Susan Woods aren't just kindhearted, they're also practical. Autopay is easiest for her and it reduces Second Harvest's overhead, which means more resources for feeding hungry people.

A retired teacher from Camden, Susan wants to maximize her donated dollars to help Tennesseans become healthier - especially children. "Every teacher has had students with difficult circumstances at home," she said. "We may not be able to change everything, but we can help with food insecurity.

"Making my automatic donations monthly keeps me from forgetting and gives Second Harvest income they can depend on," Susan said. "Even a small monthly donation adds up to a nice amount by the end of the year."

Please join Susan as a Second Helpings monthly donor at secondharvestmidtn.org/monthly. Or upgrade your monthly donation today by contacting Jennifer Jackson at 615-627-1583 or Jennifer.Jackson@secondharvestmidtn.org.

Feeding Hope® 3 2 Feeding Hope

Rising to the Challenge

The past year has brought unprecedented change and challenges for the families we serve. It was also a year full of determination and innovation as our community found new ways to keep giving. In the 12-month period from March 2020 to February 2021, we experienced:

36%

food pounds distributed weekly

increase in the pounds of food we purchased

48% 230k

produce boxes distributed

increase in food prepared through our USDA inspected manufacturing operation



OVER 41.5 million meals distributed





Second Harvest continues to monitor health officials' recommendations for indoor gatherings and social distancing to ensure the safety of our volunteers and staff. These changes have not stopped our dedicated community of volunteers from giving back, like this group from Bethel University's College of Professional Studies during a cold food sorting shift at our Ray Smith Family Distribution Center in Camden.



With many school buildings closed during the pandemic, Second Harvest and Metro Nashville partnered with local church organizations to prepare and distribute 1,600 bagged lunches weekly to children in lowincome neighborhoods. With the leadership of church Deacon Phillip Minter, Bass Street Missionary Baptist Church increased their meal distributions from 30 children a day to 200 for the program's duration.



Partnerships allowed us all to accomplish more together. In Coffee County, the Manchester Police and Fire Departments worked with the First Baptist Church and local school districts to distribute 27,000 pounds of food to more than 800 people at this no-contact Mobile Pantry.

No-contact, drive-thru food distributions continue to be a safe way for Second Harvest and our network of Partner Agencies to distribute large amounts of food into the community. During this distribution at Monterey High School in Putnam County, volunteers loaded boxes directly into clients' vehicles, distributing more than 17,000 pounds of food in one day.





Many Second Harvest Partner Agencies had to change their distribution models to ensure the safety of clients and staff members. The daily hot meal at Samaritan Center in North Nashville switched from in-person to takeout. Here a staff member is setting out a meal of grilled fish, mashed potatoes, and mixed vegetables for clients to pick up.

4 Feeding Hope® Feeding Hope[®] 5 The pandemic has caused many in our community to feel alone and isolated – including our neighbors facing hunger. To combat this, Second Harvest partnered with The Salvation Army Nashville to provide warm, comforting meals to those in need in Davidson and Rutherford Counties. A Light in the Dark Winter initiative distributed meals prepared by Second Harvest once a week at four Salvation Army locations.





Second Harvest partnered with Amazon through their Community Delivery program to provide free home delivery of food boxes to households under quarantine or without transportation. Amazon's drivers delivered more than 100.000 meals to children, families, and seniors struggling with hunger amid the pandemic.

Learn more about our continued response to this difficult situation at secondharvestmidtn.org/covid19response

News Briefs

Reverse Parade

Bag up your food donation and join us at Nashville's Bicentennial Mall for our Reverse Parade! Drive



through the parade route filled with magicians, animals, and your favorite professional sports team mascots. Then make your donation at the end. This is a family-friendly, socially distanced event in which participants stay in their cars. Most-needed items include peanut butter, canned chicken or tuna, canned fruit and vegetables, and soup.

The Great Tennessee Air Show **JUNE 5-6**





Claudean's Family is Thankful for You!

ife changed dramatically for ✓Lacey after a car accident left her disabled. And it changed for her mother Claudean, too, when she stepped in to care for her daughter and five grandchildren who range from 10 years old to just 3.

A retired health care worker, Claudean struggles to feed her family on her fixed income and the small amount of disability assistance Lacey receives.

Thankfully, your support helps stock the shelves of the Five Loaves Food Pantry in Crawford, where the family is able to receive nutritious food.

"We are living one day at a time. We have seven mouths to feed in the family on very little money," Claudean says.

"This food sure does help when it gets really tough."

Claudean's family is just one of many who are turning to their local food pantry. Five Loaves used to serve 170 families - since COVID-19, that number has more than doubled.

66 Without the food pantry ... we wouldn't eat. Thank you for helping us!

A bout with pneumonia was vet another setback for Claudean. After spending nearly a month in the hospital, she worries about the additional bills.

"When I got sick, I was so afraid it was COVID," she says. "The doctors say it

was pneumonia. Can you imagine being relieved you have pneumonia?"

CLAUDEAN'S GRANDCHILDREN DURING A DRIVE-THRU FOOD

PANTRY IN OVERTON COUNTY

DISTRIBUTION AT FIVE LOAVES FOOD

Your gifts are helping take hunger off the table at Claudean's house, and she is so grateful. "We are

so thankful for you doing this," she says. "The food is so good and so helpful.

"Without the food pantry ... we wouldn't eat. Thank you for helping us!"



Upon retiring from the U.S. Army, Danny Hazlewood became a social worker helping veterans experiencing homelessness gain access to medical treatment, housing, and food. "I often found that the food from these churches and community centers had come from Second Harvest," he said, "which led to my interest in supporting their work."

A Second Harvest donor for more than 15 years, Danny now donates directly from his IRA.

"When I turned 70 and a half, I then had to take a Required Minimum Distribution (RMD) from my IRA," he said. "I discovered that by directing my RMD to Second Harvest through a Qualified Charitable Distribution, I could help Second Harvest financially and reduce my taxable income. From my perspective, that is a win-win situation."

Inspired by Danny? To learn more about the many ways you can give to Second Harvest, call Marian Eidson at 615-627-1564.



Putnam County Grandfather Appreciates Your Kindness

ark's grandsons are the light of his life.

He retired early from trucking to care for them full-time six years ago.

"I wasn't old enough to retire, but you can't raise kids on the road," he says.

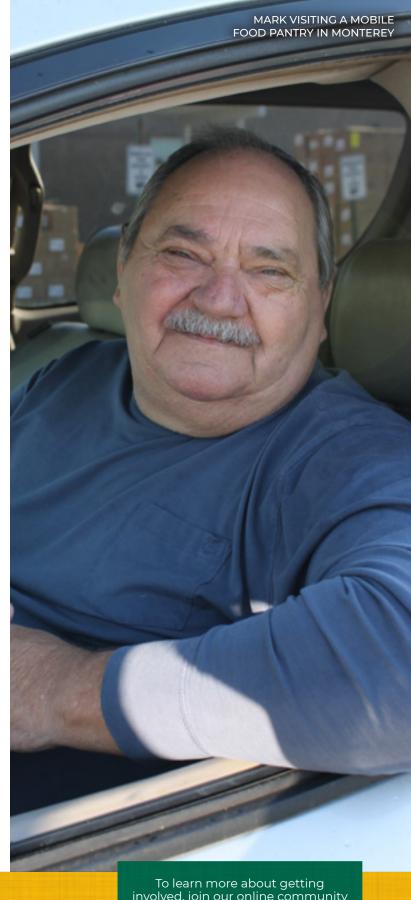
"It's different being a single parent this late in life. I was looking forward to working more, saving for my retirement ... you've just got to stand up and do the best you can. It's hard."

Now the boys are 14 and 11, and Mark struggles to afford the food his family needs. When free school meals are no longer available to them this summer, every day could be a hungry day.

He's grateful to receive help from Second Harvest's partner, Monterey Food Pantry in Putnam County. The food he receives helps him offset bills and other living expenses, which pile up.

"The food is great," he says. "You go to the grocery and the prices can be so high – especially for vegetables and fruit," Mark says. "This provides my grandsons with some variety. Food we wouldn't be able to buy otherwise."

Mark has heartfelt words of thanks to share with friends like you. He says, "Thank you very much for having kindness in your heart. I really appreciate it."





Second Harvest Food Bank of Middle Tennessee The Martin Distribution Center 331 Great Circle Road Nashville, TN 37228

secondharvestmidtn.org









Or visit us online at secondharvestmidtn.org

Second Harvest is so grateful for last quarter's extensive community support.

Thanks to all of you for your volunteer hours, financial contributions,
and donated food, goods, and services!

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