

THE POWER OF



Join the challenge to make an impact that multiplies and help end hunger in our community today. Learn more, get involved, and make a commitment by selecting one of the eight actions below to bring us one step closer to a hunger free Tennessee.



CHALLENGE

1. SIGN UP:

Join the Power of ONE Challenge

2. DONATE FUNDS:

Give ONE gift

3. DONATE FOOD:

Donate ONE bag of food

4. DONATE TIME:

Volunteer for ONE shift

5. LEARN:

Educate yourself and ONE other on hunger issues

6. ADVOCATE:

Be an ambassador and share ONE post on your social media channels

7. FUNDRAISE:

Host or participate in ONE virtual food drive

8. SUPPORT:

Support while you shop at ONE participating restaurant or retailer

SIGN UP AND GET ALL RESOURCES TO COMPLETE
THE CHECKLIST AT [SECONDHARVESTMIDTN.ORG/POWEROFONE](https://secondharvestmidtn.org/powerofone)