



Please remember the special needs of infants and toddlers

Host a Kid Friendly Food Drive specifically for our littlest community members!

Fruit	Vegetables	Grains	Protein	Dairy or Dairy Alternatives	Meals	Other
Canned Fruit (in its own juice, no sugar added)	Canned Vegetables (reduced salt or no salt varieties)	Rice, pasta, whole grain crackers	Canned chicken or tuna	Non fat dry milk Shelf stable almond, coconut or soy milk	Beef Stew Ravioli	Boost, Ensure, PediaSure
Dried Fruit or All natural Fruit Snacks	100% Vegetable Juice	Ready to eat cereal (low sugar, high fiber)	Canned or dried beans (low or no salt varieties)	Shelf stable milk	Canned soup (reduced salt)	Baby Food
100% fruit juice	Spaghetti sauce	Oatmeal	Peanut Butter	Individual shelf stable milk boxes	Canned Chili, Spaghetti O's	Graham Crackers, Goldfish crackers,

### Birth to 12 months

Powdered baby formula (WIC approved preferred)  
 Baby cereal  
 Baby Fruits and Veggies (single ingredient)  
 Baby Meats (no meat stick)  
 Unsweetened Applesauce

### 12 months and older:

Shelf-Stable Whole Milk  
 Shelf-stable Soy Milk  
 Canned Fruits/Vegetables  
 Canned beans  
 Puffs, Gerber Graduates, Stage 3 Foods  
 Granola Bars or Cracker packages