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You Bring Hope to Middle Tennesseans During This Season of Giving!
Dear Friend,

The holidays have always been special for me. I vividly remember going to my grandparents’ house as a child and celebrating with my whole family around an overflowing table. It was a magical time.

Unfortunately, a lot of people don’t have memories like that. For some of our neighbors, holiday memories are of empty plates and sadness.

As I look back on my 29 years with the Food Bank, I’m amazed at how this community responds to human needs. You consistently share what you have to help your less fortunate neighbors, and I’m eternally grateful for your partnership in this incredibly important work.

Food is the thing that brings us all together to celebrate our lives during the holiday season. Thank you for giving hungry children, seniors and families something to celebrate, too.

Because I know I can count on your compassionate support, I’m excited to see all we can accomplish together in the coming year.

With warm holiday wishes,

Jaynee K. Day
President & CEO

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Before she found out about the holiday food distribution at J.T. Moore Middle School, Cherly says she couldn’t afford a Thanksgiving turkey for her family. She’s not able to work right now because she cares for her 3-year-old son, Jayden, full-time. It makes things really tough, but childcare would be too expensive.

Cherly’s older children — Luis and Genesis — attend J.T. Moore Middle School, and their school counselor told her about the Holiday Food Distribution this past year.

Her eyes light up when she talks about last Thanksgiving — she just loved being able to share a meal and spend the day with her kids, who she’s raising on her own.

Sitting down to a full table with loved ones is a simple joy many of us take for granted. But for Cherly’s family, it means so much. Her mother will be visiting this year, and she’s thrilled to be able to cook a hearty meal for them to share together.

Cherly’s hoping she can get little Jayden into a Head Start program soon so she can get back to work — she really wants to go back to school and eventually become a nurse.

In the meantime, your support is ensuring she can keep her children full and thriving. In addition to the holiday fixings, the food boxes she picks up include healthy staples — milk, eggs and bread — that she can use to prepare even more meals for her family.

Cherly couldn’t be more grateful for your generous partnership.

“It makes me cry because this help makes me feel really good,” she says, with emotion in her voice. “This makes me really appreciative.”

This holiday season, you’re filling empty plates across 46 counties. Thank you for making this season bright!
Thank You for Making the Holidays Bright!

SHARING HOPE ACROSS THE COUNTRY

Can you imagine what it’s like to lose all your belongings? To have to abandon your home? Maybe lose it, too? That’s been reality for so many Americans over the past few months.

Fortunately, with the partnership of generous friends like you, Second Harvest has been working hard to provide relief in the form of nutritious, shelf-stable food to people affected by Hurricanes Harvey, Irma and Maria. Your support has helped send more than 70,000 food boxes to Texas, Florida, Georgia, South Carolina and Puerto Rico.

Because you choose to share your time and treasure, countless people facing desperate circumstances will have one less worry: a growling stomach. Our sincere gratitude goes out to the hundreds of volunteers, who gave more than 1,000 hours, and helped to provide emergency food efficiently and effectively.

On behalf of so many people who have renewed hope at this difficult time, thank you.

MS. CHEAP’S PENNY DRIVE

The ninth annual Ms. Cheap’s Penny Drive is underway and you will have until the end of January 2018 to pitch in your change – or dollars. Together, we have raised more than $390,000, providing over 1,500,000 meals for our neighbors in need over the past eight years, and we can continue to grow and raise more this year, but only with your support! A big thank you to our sponsors and partners in this drive: Pinnacle Financial Partners, Wilson Bank and Trust, Kroger and The Tennessean. Please visit secondharvestmidtn.org/pennydrive for more information and ways to get involved.

GIVING TUESDAY

We have a day for giving thanks. We have two days for getting deals. Now, we have #GivingTuesday, a global giving day dedicated to giving back. On Tuesday, November 28, 2017, support Second Harvest on #GivingTuesday and share about your giving and taking part in a new tradition of generosity.

MLK DAY SORT-A-THON

Second Harvest’s MLK Day Sort-A-Thon will honor Martin Luther King Jr.’s legacy by offering the community a unique opportunity to help our neighbors struggling with hunger. Second Harvest has a great need for volunteers during the winter months, and this Sort-A-Thon will jump start volunteer engagement in the new year. To learn more, visit secondharvestmidtn.org/volunteer.
Thank You, Una Church of Christ Volunteers!

Una Church of Christ is a devoted partner in the fight against hunger here in Nashville. At the church's food pantry, Una volunteers give out emergency food boxes to neighbors in need every Wednesday, and on every second Friday of month, they host and operate a Second Harvest Mobile Pantry to give out fresh produce and other staples.

The volunteer group is comprised of Una churchgoers of all ages, including many retirees who enjoy spending their days giving back to the local community.

Karen Sawyer, the church secretary who is Second Harvest's main point of contact, says the church's volunteers are so dedicated because of the camaraderie they have with each other and the connections they're able to make with the neighbors they serve. She says they enjoy seeing the impact they're making in the community firsthand.

“Volunteering is ageless — it’s timeless!”

Another member of the group, Bill, handles the logistics like calculating how much food they will need, setting up the regular distributions and organizing volunteers, who both pack and hand out the food.

Bill loves to see how enthusiastic people are to give their time helping others. He knows how much concern they have for their neighbors who are at risk of missing meals and appreciates the role they play in making hunger relief possible.

“The most important group is the volunteers,” he says. “It couldn’t be done without them!”

We have so much gratitude for the many people of all ages here in our community who devote their time to providing access to nutritious food. This holiday season, you’re ensuring hungry neighbors are able to celebrate around full tables. Thank you for your commitment to changing lives here in Middle Tennessee!

REMEMBER US IN YOUR WILL

You can fight hunger for generations by including Second Harvest Food Bank of Middle Tennessee in your legacy plans. Just contact your financial advisor and specify the amount you wish to give to Second Harvest, or designate a percentage of your estate to be donated. The following is an example of the language you can use when making a bequest:

“I, [name], of [city, state, ZIP], give, devise, and bequeath to Second Harvest Food Bank of Middle Tennessee [written amount or percentage of the estate or description of property] for its unrestricted use and purpose.”

Please be sure to notify Second Harvest of your bequest so that we can properly thank you for your support! If you would like to discuss your wishes in greater detail, contact Marian Eidson at 615-627-1564, or email marian.eidson@secondharvestmidtn.org, with any questions about including Second Harvest Food Bank of Middle Tennessee in your will or living trust. We’re more than happy to help without any obligation.
Your Gifts Are a Lifeline to Seniors Like Lanier

When we met Lanier at Our Lady of Guadalupe Church in Nashville, he was checking the nutrition facts on a box while pushing his cart filled with fresh vegetables. Since he was diagnosed with diabetes, he’s been careful about what he eats.

But with just a monthly Social Security check to depend on, affording nutritious groceries is often difficult. That’s why the Second Harvest Mobile Pantry that sets up outside the church is so important to Lanier — it means he’s able to maintain a healthy diet.

Lanier used to work as a chef, so he’s especially appreciative of the variety of fresh food at the Mobile Pantry. He was excited to pick up kale, corn, turnips and bananas — his favorite — on a recent visit.

Your support of the Mobile Pantry is bolstering Lanier’s health as he ages. He has neuropathy in his legs and has a hard time getting around. But because you choose to give, he can fill his table with balanced meals. This holiday season, he’s giving thanks for friends like you.

“Thank you!” he says with enthusiasm. “I appreciate it. Every little bit helps — and this is more than a little bit.”

Lanier knows many seniors in his community depend on the Mobile Pantry distributions to make ends meet and shares his gratitude on their behalf.

The work you help make possible truly changes lives. When you take part in this special season of sharing, you can reach even more seniors, children and families with the healthy food they need to thrive. Thank you for your generous partnership!

“Thank you!”
Local Families Give Thanks for You!

“This is what sustains us — we’ve gone without before,” Patrick says, honestly, as he picks up groceries at the Second Harvest Mobile Pantry that visits Grace Place near his home in Hermitage. “These programs are what keep my family fed.”

Kerry has epilepsy, and though she used to work full-time, her seizures ultimately made it impossible to keep a job. She does her best to cover her daughters’ needs, but that’s often a challenge on her fixed income. Kerry cuts corners where she can — they don’t buy anything that’s not absolutely essential.

Both families always look forward to Mobile Pantry days at Grace Place. They’re planning to share a special holiday meal together, and thanks to you, they’ll be able to pick up plenty of food to fill their table.

Patrick tries to extend his family’s food budget by making large meals, like soups and casseroles, that stretch for several days. But he’s raising four teenagers, so groceries often don’t last long.

Having help with groceries might seem simple, but to Patrick, Kerry and their families, it makes all the difference. They’re truly grateful for your support.

“You’re a blessing — every one of you!” Kerry says to friends like you.

See the bright smiles on this deserving family’s faces? You’re the reason for their joy. Thank you for sharing hope this holiday season!

You’re a blessing!
The following organizations and people for food drive donations:

- 23rd District Drug Court
- ADS Security
- Aldi
- Alpha Gamma Delta Belmont
- Bloomsbury Farms
- Bones and More
- Brookmeade Congregational Church
- Cardinal Health
- Caterpillar Financial
- Davidson County Sheriff Office
- Dell
- Department of Housing and Development
- East Brentwood Presbyterian Church
- Federal Highway Administration
- Food Lion
- Freeman Webb Gazebo Apartments
- Gallatin Probation Center
- Giving Gardens
- Go West Creative
- God's Storehouse
- Greater Bethel AME Church
- Greek Street Food LLC
- Healthy Flavors
- Heart Bridge Media
- Hunters for the Hungry
- HydroHouse Farms
- Ilovekickboxing.com
- Imaginarium
- InBiz Services
- John Wesley UMC
- JPW Industries
- Kroger
- LDS Bishops Storehouse
- Lenox Village Town Center
- McGavock High School Kappa League
- McKendree UMC Youth
- Mother Daughter Serving Circle
- Motivated Mind & Body
- Nashville Farmer's Market
- Nashville Sheriff's Office
- Nashville Sounds
- National Multiple Sclerosis Society
- Omni Nashville Hotel
- O'Neil Hagaman LLC CPA
- PFG Food Drive
- Prime Time Distributors, LLC
- Public
- Sara Lee
- Siegel Middle School
- Simeon Baptist Church
- Social Security Administration
- Sound Physicians
- St. Thomas West Hospital
- St. Edward School
- Star Bright Events
- State of Tennessee Department of Human Services
- Tabernacle Baptist Church
- TCAPWA Middle Branch
- Tennessee Foundation Services
- The Temple
- Tennessee Center for Performance Excellence
- U.S. Department of Veterans Affairs
- U.S. Small Business Administration
- USDA Rural Development
- VA Medical Center
- Vanderbilt University
- Vaughn Farms
- Walmart

The following organizations for generous food donations:

- 7up RC Cola
- Advance Pierre Foods
- Aldi
- Allen County Produce
- Amazon Prime
- American Paper & Twine Co.
- Associated Wholesale Grocers (AWG)
- Big Lots
- Bimbo Bakeries (Sara Lee)
- Blue Bell Creamery
- By Faith Fam
- C3 Presents
- Cadence Premier Logistics
- Carolina Transport
- Cash Savers (Hendersonville)
- Cedar Point Trucking
- ConAgra Grocery Products, Inc.
- Cott Corporation
- Country Delite Farms, LLC
- Covenant Transport
- Dannon
- Dominion Produce
- Duplicate of God's Pantry
- Feed America First
- Food Bank of Oakland County
- Food Giant
- Food Lion
- Fresh Market Hendersonville Fresh Point
- Frito-Lay
- Fundmaster Transactions
- General Mills
- Georgia Food Bank Association
- Gleaners Food Bank
- Green Door Gourmet
- H.G. Hills Cheatham Co
- Hughes Farm
- Hunts Brothers Pizza
- JT BROKERAGE INC
- JTM Foods, LLC
- Kellogg Sales Co. OH
- Kraft National Claim Center
- Kroger
- Kroger-Heritage Farms Dairy
- McCartney Produce
- McMinnville Warren County Senior Center Inc.
- Mondelez International
- Mrs. Grisson's
- Murrell School/Centerstone
- Nabisce
- Nashville Rescue Mission
- OSI Group
- Panera Bread
- Pepe's Pizza
- Perdue Farms, IN
- Post Consumer Brands
- Prime Trucking
- Publix
- Purity Dairies
- Revolution Foods
- Riojo Transportation Inc
- River Run Farm
- RPE Wisconsin
- Ruiz Products
- Ruler Foods
- Russell Stover
- Salvation Army Food Bank
- Save-A-Lot
- Scott Farm
- Snyder's-Lance
- Southwind Farms
- Spencer Mountain Produce
- Sprouts
- Starbucks
- Stella Don Trucking
- Stout Burgers and Beers
- Superior Dairies
- Sysco
- Target
- Tomado Freight Inc.
- Transfer To Reclaim
- Treehouse Private Brands, INC
- Tulsa Community Food Bank/
- Eastern Oklahoma
- VanSolkema Family Farms LLC
- Vega
- Vernon's Chapel
- UPy Pantry
- Vidaflex LLC
- Wal-Mart

The following individuals who have donated $500 or more:

- Ms. Freda C. Acuff
- Mr. Elbert G. Allie
- Mr. Douglas L. Anderson
- Mrs. Beverley Aurora
- Mrs. Lois Baldauf
- Mrs. Mary Bandy
- Mr. Weaver C. Barksdale
- Mr. John W. Bartlett
- Ms. Janice Bell
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- Dr. and Mrs. Burton
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- Mr. Thomas Caldwell
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- Dr. Timothy Carlton and
- Mr. and Mrs. Stephen Brooks
- Mr. and Mrs. Doug Berry
- Mr. and Mrs. Scott A. Bowers
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- Mr. and Mrs. Ed Brazelton
- Mr. David K. Brilinton
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- Mr. and Mrs. Jon W. Bruce Esq.
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- Mrs. Michelle Bujman
- Mr. John Bumpus
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- Mr. Thomas Caldwell
- Mr. and Mrs. Darryl K. Campbell
- Dr. Timothy Carlton and
- Mr. and Mrs. Stephen Brooks
- Mr. and Mrs. Jon W. Bruce Esq.
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Altia Group, Inc.
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Matching Grants Program
Andrea Waitt Carlson Family Foundation
Barton Malow Foundation
BCW Food Products, Inc.
Big Lots Foundation
BPOE Lodge 2156
Budsgunshop.com, LLC
Burger Republic
Carr, Rigs and Ingram, LLC
Carroll Bank and Trust
Caterpillar Foundation
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Cognizant
Community Health Systems Foundation
Concept Technology, Inc.
Country Music Television
Cummins Engine Foundation
Cummins Filtration
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Dechert United Methodist Women Night Group
Delhaize America Shared Services Group, LLC
Delta Dental Plan of Tennessee
Dollar General Corporation
Emergency Food and Shelter National Board Program
Emma, Inc.
Exzelfoundation
Farm Bureau Health Plans
Feeding America
Ford of Murfreesboro
Franklin County Government
Department of Finance
GE Foundation
Genesco Inc.
Gibson Foundation
North Bay Office
Half Full Productions LLC
HCA/TriStar
Hillbrow Presbyterian Church
Holler & Dash Biscuit House LLC
Immanuel Baptist Church
Ingram Entertainment
Iostudio, LLC
Jackson National Community Fund
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Tao Phi Social Club
Lumina Foods
Melkus Family Foundation
Metropolitan Development and Housing Agency
Metropolitan Government of Nashville & Davidson County
Montgomery Bell Academy
Nashville Rotary Foundation
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Paradigm Group
Pfizer Foundation-Matching Gifts Program
PGH Inc.
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